

# Modeling Effects of T Cell Exhaustion on the Dynamics of Chronic Viral Infection

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**Abstract.** During chronic viral infection, sustained antigen stimulation leads to exhaustion of virus-specific  $CD8^+$  T cells, characterized by elevated expression of inhibitory receptors and progressive functional impairment, including loss of cytokine production, reduced cytotoxicity, and diminished proliferative capacity. In this paper, to investigate how T cell exhaustion influences viral persistence, we developed a within-host mathematical model integrating viral infection dynamics with adaptive immune responses. The model demonstrates three non-trivial equilibria: infection-free equilibrium ( $S_1$ ), uncontrolled-infection state ( $S_2$ ), and immune-controlled equilibrium ( $S_3$ ). Through dynamical systems analysis, we established the local stability of all states ( $S_1$ - $S_3$ ) and prove global stability for both  $S_1$  (complete viral clearance) and  $S_2$  (chronic infection). Notably, the system exhibits Hopf bifurcations at  $S_2$  and  $S_3$ , with distinct critical thresholds governing oscillatory dynamics. Numerical simulations reveal that successful immune-mediated control of viral load and infected cell levels requires maintenance of low  $CD8^+$  T cell exhaustion rates.

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**Key words:** Viral infection dynamics, T cell exhaustion, stability analysis, Hopf bifurcation.

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## 1 Introduction

The T-cell response plays a central role in the adaptive immune-mediated clearance of pathogen-infected cells. During acute infection, antigen-specific naive  $CD8^+$  T cells undergo activation, clonal expansion, and effector differentiation following antigen recognition and costimulatory signaling [12]. While most effector cells are eliminated via apoptosis after pathogen clearance, a small subset persists to form the memory  $CD8^+$  T cell compartment [13, 14]. To ensure proper immune termination and maintain self-tolerance,

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inhibitory receptors/immune checkpoint molecules are transiently upregulated on activated effector T cells during the resolution phase [30]. Following antigen clearance, expression of these regulatory molecules gradually returns to baseline levels in memory T cells. This tightly regulated process represents a critical self-limiting mechanism of adaptive immunity, balancing effective pathogen clearance with prevention of excessive immune activation.

In chronic infections, however, persistent antigen exposure of  $CD8^+$  T cells to high levels of antigen drives T cells into a severe T-cell dysfunctional state called exhaustion [2, 11, 26, 36], first identified in murine lymphocytic choriomeningitis virus (LCMV) models and later observed in human chronic viral infections (e.g. human immunodeficiency virus (HIV), hepatitis B virus (HBV), hepatitis C virus (HCV)). Exhausted T cells ( $T_{ex}$ ) exhibit progressive functional decline [9, 26], marked by: (i) impaired cytotoxicity, reduced cytokine production (e.g. IL-2, IFN- $\gamma$ ), and limited proliferative capacity; and (ii) upregulated co-inhibitory receptors (such as programmed cell death protein 1 (PD-1), cytotoxic T-lymphocyte-associated protein 4 (CTLA-4), T cell immunoglobulin and mucin domain containing-3 (TIM-3), lymphocyte activation gene 3 (LAG-3)), which further suppress T-cell function. This exhausted T cell compartment is developmentally distinct from conventional effector T cells and comprises heterogeneous subsets [4, 9, 39]: stem-like  $CD8^+ T_{ex}$  precursors/progenitors, effector-like transitory  $CD8^+ T_{ex}$ , and terminally dysfunctional  $CD8^+ T_{ex}$ . The stem-like  $CD8^+ T_{ex}$  precursors/progenitors exhibit proliferative potential but low inhibitory receptor expression, while effector-like transitory  $CD8^+ T_{ex}$  has high proliferative potential and transient cytotoxicity. In contrast, terminally dysfunctional  $CD8^+ T_{ex}$  cells exhibit multiple irreversible functional impairments, including restricted proliferative capacity, diminished cytotoxic activity, and elevated expression of multiple co-inhibitory receptors [29]. While stem-like  $CD8^+ T_{ex}$  sustain immune responses, terminal subsets are shown to dominate in high-antigen environments, perpetuating immune evasion [40].

Mathematical models have been extensively used to explore within-host chronic viral infection dynamics and the corresponding immune response and treatment strategies, including HIV [5, 10, 17, 18, 27, 31, 32, 37, 38, 41], HBV and HCV [7, 34, 43]. The basic model [5, 27] employs a three-compartment ODE framework (uninfected target cells, infected cells, and free virions) to comprehensively represent a within-host viral infection dynamics. The model's dynamical behavior is primarily governed by the basic reproduction number [18]. The basic model has been extended to incorporate: latent reservoirs [10, 43], cell-to-cell transmission [17, 19, 32], adaptive immune regulation [8, 35, 37, 38, 41], antiviral drug interventions [7, 31, 34], coupling of within-host and between-host dynamics [1]. These models have provided key insights for HIV, HBV/HCV, and other chronic infections.

Through analysis of HIV-immune system interactions during natural infection and under various treatment regimens, Wodarz and Nowak [41] demonstrated that sustained viral control depends critically on robust cytotoxic T lymphocyte (CTL) memory responses. Their mathematical modeling revealed that specific treatment schedule interruptions

could re-establish functional CTL memory. The possibility of reconstituting the CTL immune response through antiretroviral therapy is further confirmed by Wang *et al.* [38]. Through quantitative analysis of virus-T cell interactions, Davenport *et al.* [8] evaluated the efficacy of humoral and cell-mediated immune control, and showed the limitations of cytotoxic lymphocyte responses in preventing viral persistence.

In the previous work [20], we considered a viral infection model with virus-to-cell and cell-to-cell viral spread and logistic target cell growth, and identified the basic reproduction number and the dynamics of viral infection. In this paper, we extend the model in [20] to include the effects of CD8<sup>+</sup> T cell immune response and explore the influences of CD8<sup>+</sup> T cell exhaustion on viral dynamics. To simplify the exhaustion continuum while maintaining clinically meaningful functional distinctions, we adopt a two-tier classification system for CD8<sup>+</sup> T cell exhaustion. Stem-like precursors and effector-like transitory populations are grouped under a unified CD8<sup>+</sup> T designation, based on their shared functional properties and relatively low expression of inhibitory receptors despite transcriptional heterogeneity [4]. This classification distinguishes them from terminally exhausted CD8<sup>+</sup> T cells, which exhibit irreversible dysfunction and high expression of inhibitory receptors.

The model for viral infection and CD8<sup>+</sup> T cell response dynamics are given as follows:

$$\begin{cases} \frac{dT(t)}{dt} = r_1 T(t) \left(1 - \frac{T(t)}{T_M}\right) - \beta_1 T(t)V(t) - \beta_2 T(t)I(t), \\ \frac{dI(t)}{dt} = \beta_1 T(t)V(t) + \beta_2 T(t)I(t) - \alpha I(t)E(t) - d_I I(t), \\ \frac{dV(t)}{dt} = \gamma I(t) - d_V V(t), \\ \frac{dE(t)}{dt} = r_2 E(t)I(t) - \rho E(t)I(t) - d_E E(t), \\ \frac{dE^*(t)}{dt} = \rho E(t)I(t) - d_{E^*} E^*(t). \end{cases} \quad (1.1)$$

Here,  $T(t)$ ,  $I(t)$  and  $V(t)$  represent the concentrations of susceptible/target cells, productively infected cells, and free viral particles at time  $t$ , respectively;  $E(t)$  and  $E^*(t)$  denote the concentrations of CD8<sup>+</sup> T cells and exhausted CD8<sup>+</sup> T cells, respectively. In the model, susceptible cells are assumed to follow a logistic growth, and are infected by free viruses and cell-to-cell viral spread at rates of  $\beta_1 T(t)V(t)$  and  $\beta_2 T(t)V(t)$ , respectively. The parameter  $r_1$  represents the baseline growth rate of target cells;  $T_M$  denotes the carrying capacity. Productively infected cells die at a rate  $d_I I(t)$  and eliminated by CD8<sup>+</sup> T cells at a rate  $\alpha I(t)E(t)$ . Free viral particles are released from infected cells at a rate of  $\gamma I(t)$  and cleared at a rate  $d_V V(t)$ . CD8<sup>+</sup> T cells are activated to grow with viral-antigen presentation at a rate  $r_2 E(t)I(t)$ , and exhaust under chronic antigen stimulation at a rate  $\rho E(t)I(t)$ . The CD8<sup>+</sup> T cells and exhausted CD8<sup>+</sup> T cells undergo apoptosis at rates  $d_E E(t)$  and  $d_{E^*} E^*(t)$ , respectively.

For mathematical convenience, we rescale the system (1.1) by

$$\begin{aligned} u(t) &= \frac{T(t)}{T_M}, & w(t) &= \frac{I(t)}{T_M}, & v(t) &= \frac{d_I}{\gamma T_M} V(t), & x(t) &= \frac{E(t)}{E_M}, & y(t) &= \frac{E^*(t)}{E_M}, \\ \tilde{t} &= d_I t, & \delta_1 &= \frac{r_1}{d_I}, & \rho_1 &= \frac{\beta_1 \gamma T_M}{d_I^2}, & \rho_2 &= \frac{\beta_2 T_M}{d_I}, & \rho_3 &= \frac{\alpha}{d_I} E_M, \\ \delta_2 &= \frac{r_2 T_M}{d_I}, & \mu_1 &= \frac{d_V}{d_I}, & \mu_2 &= \frac{d_E}{d_I}, & \mu_3 &= \frac{d_{E^*}}{d_I}, & \eta &= \frac{\rho T_M}{d_I}, \end{aligned}$$

and obtain the non-dimensionalized model

$$\begin{cases} \frac{du(t)}{dt} = \delta_1 u(t) [1 - u(t)] - \rho_1 u(t) v(t) - \rho_2 u(t) w(t), & (1.2a) \\ \frac{dw(t)}{dt} = \rho_1 u(t) v(t) + \rho_2 u(t) w(t) - w(t) - \rho_3 x(t) w(t), & (1.2b) \\ \frac{dv(t)}{dt} = w(t) - \mu_1 v(t), & (1.2c) \\ \frac{dx(t)}{dt} = \delta_2 x(t) w(t) - \eta x(t) w(t) - \mu_2 x(t), & (1.2d) \\ \frac{dy(t)}{dt} = \eta x(t) w(t) - \mu_3 y(t). & (1.2e) \end{cases}$$

Applying this model, we investigate the effects of T cell exhaustion on the viral dynamics. The rest of the paper is organized as follows. Nonnegativity and boundedness of the solutions, and the existence and local/global stability of the equilibrium of the model are shown in Section 2. Numerical simulation about the bifurcation of the system and the effects of T cell exhaustion are demonstrated in Section 3. Conclusion and discussion are presented in Section 4.

## 2 Stability analysis

### 2.1 Nonnegativity and boundedness of solutions

**Theorem 2.1.** *System (1.2) admits a unique solution for any initial condition  $(u_0, w_0, v_0, x_0, y_0) \in \mathbb{X}$ , where the state space  $\mathbb{X}$  and its interior  $\mathbb{X}_0$  are positively invariant under the solution semiflow. Specifically, these sets are defined as*

$$\begin{aligned} \mathbb{X} &:= \left\{ (u, w, v, x, y) \in \mathbb{R}^5 \mid u, w, v, x, y \geq 0, u + w \leq 1, \frac{\delta_2 - \eta}{\rho_3} w + x \leq \zeta, v \leq \frac{1}{\mu_1}, y \leq \frac{\eta \zeta}{\mu_3} \right\}, \\ \mathbb{X}_0 &:= \{ (u, w, v, x, y) \in \mathbb{X} \mid u > 0, w > 0, v > 0, x > 0, y > 0 \}, \end{aligned}$$

where

$$\zeta := \frac{\delta_2 - \eta}{\rho_3} \left( \frac{\rho_1}{\mu_1} + \rho_2 \right) \max \left\{ \frac{1}{\mu_2}, 1 \right\}.$$

*Proof.* The right-hand side functions of (1.2) satisfy Lipschitz condition, ensuring the existence and uniqueness of a solution  $(u(t), w(t), v(t), x(t), y(t)) \in C([0, +\infty), \mathbb{R}_+)$  to system (1.2) for any initial condition  $(u_0, w_0, v_0, x_0, y_0) \in \mathbb{X}$ . Moreover, the solution admits the following representation:

$$\begin{aligned} u(t) &= u_0 \exp \left\{ \int_0^t [\delta_1 (1 - u(s)) - \rho_1 v(s) - \rho_2 w(s)] ds \right\} \geq 0, \\ x(t) &= x_0 \exp \left\{ \int_0^t [\delta_2 w(s) - \eta w(s) - \mu_2] ds \right\} \geq 0, \\ w(t) &= e^{\int_0^t f(\tau) d\tau} \left( w_0 + \int_0^t e^{\int_0^s f(\tau) d\tau} u(s) v(s) ds \right), \quad f(t) := \rho_2 u(t) - 1 - \rho_3 x(t), \\ v(t) &= e^{-\mu_1 t} \left( v_0 + \int_0^t e^{-\mu_1 s} w(s) ds \right), \\ y(t) &= e^{-\mu_3 t} \left( y_0 + \int_0^t e^{-\mu_3 s} x(s) w(s) ds \right), \quad t \geq 0. \end{aligned}$$

Note that  $(u, w, v, x, y) = (0, 0, 0, 0, 0)$  is a solution to the system (1.2). If  $u(0) = u_0 = 0$ , then  $u(t) \equiv 0$ , for  $t \geq 0$ , and  $w(t) = w_0 e^{\int_0^t f(\tau) d\tau} \geq 0, v(t) \geq 0$  and  $y(t) \geq 0$  for  $t \geq 0$ . In the following, we assume  $u(0) = u_0 > 0$ , so that  $u(t) > 0$  for  $t > 0$ .

From the equations of  $w$  and  $v$  in (1.2), we observe that  $w(t)$  and  $v(t)$  are either both identically zero or both non-zero for all  $t > 0$ . If  $w(t) \equiv 0$  and  $v(t) \equiv 0$ , then  $y(t) = y_0 e^{-\mu_3 t} \geq 0$  for  $t \geq 0$ . When  $w(t)$  and  $v(t)$  are not identically zero (requiring  $w_0 > 0$  or  $v_0 > 0$ ), we show both remain positive for  $t > 0$ . Suppose for contradiction that  $w(t_1) = 0$  for some  $t_1 > 0$  while  $w(t) > 0$  for  $t \in [0, t_1)$ , then

$$v(t) = e^{-\mu_1 t} \left( v_0 + \int_0^t e^{-\mu_1 s} w(s) ds \right) > 0, \quad 0 < t < t_1,$$

implying

$$w(t_1) = e^{\int_0^{t_1} f(\tau) d\tau} \left( w_0 + \int_0^{t_1} e^{\int_0^s f(\tau) d\tau} u(s) v(s) ds \right) > 0,$$

a contradiction. Similarly, assuming  $v(t_2) = 0$  at  $t_2 > 0$  with  $v(t) > 0$  on  $[0, t_2)$  forces  $w(t) > 0$  on  $(0, t_2)$ , making  $v(t_2) > 0$ , again a contradiction. Thus,  $w(t) > 0$  and  $v(t) > 0$  for all  $t > 0$ , when  $w_0 > 0$  or  $v_0 > 0$ , and consequently,  $w(t) \geq 0$  and  $v(t) \geq 0$ , for  $t \geq 0$ , furthermore,  $y(t) \geq 0$  for  $t \geq 0$ .

If  $u(0) = u_0 > 0, w(0) = w_0 > 0, v(0) = v_0 > 0, x(0) = x_0 > 0$  and  $y(0) = y_0 > 0$ , then  $u(t) > 0$  and  $x(t) > 0$ . Additionally, from Eqs. (1.2b) and (1.2c), we have

$$\frac{dw}{dt} \geq \rho_2 u(t) w(t) - w(t) - \rho_3 x(t) w(t), \quad \frac{dv}{dt} \geq -\mu_1 v.$$

By a comparison argument, it follows that

$$\begin{aligned} w(t) &\geq w_0 \exp \left\{ \int_0^t [\rho_2 u(s) - 1 - \rho_3 x(s)] ds \right\} > 0, \\ v(t) &\geq v_0 e^{-\mu_1 t} > 0 \end{aligned}$$

for  $t \geq 0$ , as  $w_0 > 0$  and  $v_0 > 0$ . Similarly, we also obtain that  $y(t) \geq y_0 e^{-\mu_3 t} > 0$  for  $t \geq 0$ .

Next, with the non-negativity of solutions, we prove they are bounded. For  $u(t) + w(t)$ ,

$$\begin{aligned} \frac{d}{dt} [u(t) + w(t)] &= \delta_1 u(t) [1 - u(t)] - w(t) - \rho_3 x(t) w(t) \\ &\leq \delta_1 u(t) [1 - u(t)]. \end{aligned}$$

By a comparison argument, we see that  $u(t) + w(t) \leq \max\{u_0, 1\}$  for  $t \geq 0$ . Thus, we have  $u(t) < 1$  and  $w(t) < 1$  for  $t \geq 0$ . From the Eq. (1.2c),

$$\frac{dv(t)}{dt} = w(t) - \mu_1 v(t) \leq 1 - \mu_1 v(t),$$

which implies

$$v(t) \leq e^{-\mu_1 t} \left( v_0 - \frac{1}{\mu_1} \right) + \frac{1}{\mu_1} \leq \frac{1}{\mu_1}$$

for  $v_0 \leq 1/\mu_1, t \geq 0$ . From the Eq. (1.2d),

$$x(t) = x_0 \exp \left\{ \int_0^t [\delta_2 w(s) - \eta w(s) - \mu_2] ds \right\}.$$

If  $\delta_2 - \eta - \mu_2 \leq 0$ , then  $x(t) \leq x_0 e^{-\mu_2 t} \leq x_0$ . When  $\delta_2 - \eta - \mu_2 > 0$ , notice that

$$\frac{d}{dt} \left[ \frac{\delta_2 - \eta}{\rho_3} w(t) + x(t) \right] = \frac{\delta_2 - \eta}{\rho_3} [\rho_1 u(t) v(t) + \rho_2 u(t) w(t) - w(t)] - \mu_2 x(t),$$

we have

$$\begin{aligned} \frac{d}{dt} \left[ \frac{\delta_2 - \eta}{\rho_3} w(t) + x(t) \right] &\leq \frac{\delta_2 - \eta}{\rho_3} \left( \frac{\rho_1}{\mu_1} + \rho_2 \right) - \mu_2 \left[ \frac{\delta_2 - \eta}{\rho_3} w(t) + x(t) \right] x(t), \quad \mu_2 \leq 1, \\ \frac{d}{dt} \left[ \frac{\delta_2 - \eta}{\rho_3} w(t) + x(t) \right] &\leq \frac{\delta_2 - \eta}{\rho_3} \left( \frac{\rho_1}{\mu_1} + \rho_2 \right) - \left[ \frac{\delta_2 - \eta}{\rho_3} w(t) + x(t) \right] x(t), \quad \mu_2 > 1. \end{aligned}$$

Let

$$\zeta := \frac{\delta_2 - \eta}{\rho_3} \left( \frac{\rho_1}{\mu_1} + \rho_2 \right) \max \left\{ \frac{1}{\mu_2}, 1 \right\},$$

then with a similar argument as proof of  $v(t)$  boundedness, it holds that

$$\frac{\delta_2 - \eta}{\rho_3} w(t) + x(t) \leq \zeta, \quad \text{if} \quad \frac{\delta_2 - \eta}{\rho_3} w_0 + x_0 \leq \zeta.$$

From the Eq. (1.2e),

$$\frac{dy(t)}{dt} = \eta x(t)w(t) - \mu_3 y(t) \leq \eta \zeta - \mu_3 y(t),$$

which implies that  $y(t) \leq \eta \zeta / \mu_3$ , if  $y_0 \leq \eta \zeta / \mu_3$ .

In summary, the sets  $\mathbb{X}$  and  $\mathbb{X}_0$  are positively invariant for the semiflow of the system (1.2).  $\square$

## 2.2 Local stability analysis

For model (1.2), there exist two critical thresholds governing viral infection and immune response establishment. The basic reproduction number of the virus is given by

$$\mathcal{R}_0 = \frac{\rho_1}{\mu_1} + \rho_2.$$

The threshold for immune response establishment is given by

$$\mathcal{R}_1 = \frac{\delta_2 - \eta}{\mu_2} \frac{\delta_1}{\mathcal{R}_0} \left( 1 - \frac{1}{\mathcal{R}_0} \right).$$

We assume that  $\delta_2 > \eta$  in all follows. There exist four possible equilibria for the system (1.2), which are given by the following lemma. To investigate bifurcation of the system, we denote the parameters involved in the model as  $p, p := (\delta_1, \rho_1, \rho_2, \rho_3, \mu_1, \delta, \eta, \mu_2)$ .

**Lemma 2.1.** *For system (1.2), the following holds:*

- (i) *The trivial equilibrium  $S_0 = (0, 0, 0, 0, 0)$  and the infection-free equilibrium  $S_1 = (1, 0, 0, 0, 0)$  always exist.*
- (ii) *If  $\mathcal{R}_0 > 1$ , it has an uncontrolled-infection equilibrium  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$ , where*

$$\bar{u} = \frac{1}{\mathcal{R}_0}, \quad \bar{w} = \frac{\delta_1}{\mathcal{R}_0} \left( 1 - \frac{1}{\mathcal{R}_0} \right), \quad \bar{v} = \frac{\bar{w}}{\mu_1}.$$

- (iii) *If  $\mathcal{R}_0 > 1$  and  $\mathcal{R}_1 > 1$ , it has an immune-controlled equilibrium  $S_4 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$ , where*

$$\hat{u} = 1 - \frac{\mathcal{R}_0 - 1}{\mathcal{R}_0 \mathcal{R}_1}, \quad \hat{w} = \frac{\mu_2}{\delta_2 - \eta}, \quad \hat{v} = \frac{\hat{w}}{\mu_1}, \quad \hat{x} = \frac{(\mathcal{R}_0 - 1)(\mathcal{R}_1 - 1)}{\rho_3 \mathcal{R}_1}, \quad \hat{y} = \frac{\eta \hat{x} \hat{w}}{\mu_3}.$$

Note here that  $\hat{w} = \bar{w} / \mathcal{R}_1$  and  $\hat{v} = \bar{v} / \mu_1 \mathcal{R}_1$ , thus  $\hat{w} < \bar{w}$ , as  $\mathcal{R}_1 > 1$ .

The equilibria  $S_i, i = 1, 2, 3$ , are locally asymptotically stable (LAS), under different conditions, respectively, which are shown in the following theorems. The Jacobian matrix of system (1.2) at an equilibrium  $(u, w, v, x, y)$  is given by

$$J = \begin{pmatrix} \delta_1(1-2u) - \rho_1 v - \rho_2 w & -\rho_2 u & -\rho_1 u & 0 & 0 \\ \rho_1 v + \rho_2 w & \rho_2 u - \rho_3 x - 1 & \rho_1 u & -\rho_3 w & 0 \\ 0 & 1 & -\mu_1 & 0 & 0 \\ 0 & \delta_2 x - \eta x & 0 & \delta_2 w - \eta w - \mu_2 & 0 \\ 0 & \eta x & 0 & \eta w & -\mu_3 \end{pmatrix}.$$



The stability conditions for  $S_1 = (1, 0, 0, 0, 0)$  and  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  are the same as those in [20], which are shown in the following theorem.

**Theorem 2.2.** *For system (1.2), the following holds:*

- (i) *The trivial equilibrium  $S_0 = (0, 0, 0, 0, 0)$  is always unstable.*
- (ii) *If  $\mathcal{R}_0 < 1$ , the infection-free equilibrium  $S_1 = (1, 0, 0, 0, 0)$  is LAS. If  $\mathcal{R}_0 > 1$ ,  $S_1 = (1, 0, 0, 0, 0)$  is unstable.*
- (iii) *If  $\mathcal{R}_0 = 1$ ,  $S_1$  is nonhyperbolic, and the system experiences a transcritical bifurcation at  $S_1$  as the parameter  $p$  passes through the bifurcation value  $p = p_0$  which satisfies  $\mathcal{R}_0 = 1$ .*
- (iv) *If  $\mathcal{R}_0 > 1 > \mathcal{R}_1$  and  $\phi_1(p) > 0$ , the uncontrolled-infection equilibrium  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  is LAS. If  $\mathcal{R}_1 > 1$  or  $\phi_1(p) < 0$ ,  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  is unstable (assuming  $\mathcal{R}_0 > 1$ ).*
- (v) *Assuming  $\mathcal{R}_0 > 1$ ,  $\mathcal{R}_1 \neq 1$ , the system has a Hopf bifurcation at  $S_2$  if and only if  $\phi_1(p) = 0$ . Here, the formula of  $\phi_1(p)$  is given by (2.1) in the following proof.*

*Proof.* (i)-(iii) The Jacobian matrix of system (1.2) at  $S_0$  and  $S_1$  are given by

$$J(S_0) = \begin{pmatrix} \delta_1 & 0 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 & 0 \\ 0 & 1 & -\mu_1 & 0 & 0 \\ 0 & 0 & 0 & -\mu_2 & 0 \\ 0 & 0 & 0 & 0 & -\mu_3 \end{pmatrix}, \quad J(S_1) = \begin{pmatrix} -\delta_1 & -\rho_2 & -\rho_1 & 0 & 0 \\ 0 & \rho_2 - 1 & \rho_1 & 0 & 0 \\ 0 & 1 & -\mu_1 & 0 & 0 \\ 0 & 0 & 0 & -\mu_2 & 0 \\ 0 & 0 & 0 & 0 & -\mu_3 \end{pmatrix},$$

respectively. Since  $J(S_0)$  has a positive eigenvalue  $\lambda = \delta_1$ ,  $E_0$  is always unstable.  $J(S_1)$  has three eigenvalues  $\lambda_1 = -\delta_1 < 0$ ,  $\lambda_4 = -\mu_2 < 0$ ,  $\lambda_5 = -\mu_3 < 0$ , and other eigenvalues are given by the characteristic equation

$$\lambda^2 + a_1\lambda + a_2 = 0,$$

where

$$a_1 = \mu_1 + 1 - \rho_2, \quad a_2 = \mu_1(1 - \rho_2) - \rho_1 = \mu_1(1 - \mathcal{R}_0).$$

We see that if  $\mathcal{R}_0 < 1$ , then  $a_1 > 0, a_2 > 0$ , and all eigenvalues of  $J(S_1)$  have negative real parts, so that  $S_1$  is LAS. If  $\mathcal{R}_0 > 1$ , then  $a_2 < 0$ , and  $J_{10}$  has at least one eigenvalue with positive real part so that  $S_1$  is unstable.

If  $\mathcal{R}_0 = 1$ , then  $a_1 > 0, a_2 = 0$ , and  $J_{10}$  has one zero eigenvalue  $\lambda = 0$ , thus  $S_1$  is non-hyperbolic. Without loss of generality, we set  $\rho_1$  as a bifurcation parameter, and employ Sotomayor's theorem [28, Theorem 4.2.1] to show that a transcritical bifurcation occurs at  $S_1$  when  $\rho_1$  passes through the critical value  $\rho_1^c = (1 - \rho_2)\mu_1$  for  $\mathcal{R}_0 = 1$ , assuming  $\rho_2 < 1$ . The right and left eigenvectors of the Jacobian matrix  $J(S_1)$  with respect to the eigenvalue  $\lambda = 0$  is  $U = (-\mu_1/\delta_1, \mu_1, 1, 0, 0)^\top$  and  $U^* = (0, \mu_1/\rho_1, 1, 0, 0)$ , respectively. Denoting the right-hand side of system (1.2) as  $\mathbf{f}(u, w, v, x, y)$ , we obtain by a general calculation that  $\mathbf{f}_{\rho_1} = (-uv, uv, 0, 0, 0)^\top$ , and

$$(U^*)^\top \mathbf{f}_{\rho_1}(S_1, \rho_1^c) = 0,$$



$$(U^*)^\top [D\mathbf{f}_{\rho_1}(S_1, \rho_1^c)U] = -\frac{\mu_1}{\rho_1^c} \neq 0,$$

$$(U^*)^\top [D^2\mathbf{f}_{\rho_1}(S_1, \rho_1^c)(U, U)] = -\frac{\mu_1^3}{\delta_1} \left( \frac{1}{\rho_1^c} + \frac{1}{\mu_1} + 1 \right) \neq 0.$$

By Sotomayor's theorem [28, Theorem 4.2.1], system (1.2) undergoes a transcritical bifurcation at  $S_1$  when  $\rho_1$  passes the critical value  $\rho_1^c$ .

(iv)-(v) The Jacobian matrix of system (1.2) at  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  is given by

$$J(S_2) = \begin{pmatrix} -\frac{\delta_1}{\mathcal{R}_0} & -\frac{\rho_2}{\mathcal{R}_0} & -\frac{\rho_1}{\mathcal{R}_0} & 0 & 0 \\ \frac{\delta_1(\mathcal{R}_0-1)}{\mathcal{R}_0} & \frac{\rho_2}{\mathcal{R}_0} - 1 & \frac{\rho_1}{\mathcal{R}_0} & -\rho_3\bar{w} & 0 \\ 0 & 1 & -\mu_1 & 0 & 0 \\ 0 & 0 & 0 & \delta_2\bar{w} - \eta\bar{w} - \mu_2 & 0 \\ 0 & 0 & 0 & \eta\bar{w} & -\mu_3 \end{pmatrix}.$$

It has two eigenvalues  $\lambda_5 = -\mu_3 < 0$ , and  $\lambda_4 = \delta_2\bar{w} - \eta\bar{w} - \mu_2$ , where  $\lambda_4 < 0$  if  $\mathcal{R}_1 < 1$ . The other eigenvalues of  $J(S_2)$  are given by the roots of characteristic equation

$$\lambda^3 + a_1\lambda^2 + a_2\lambda + a_3 = 0,$$

where

$$a_1 = \frac{\delta_1}{\mathcal{R}_0} + \mu_1 + \frac{\rho_1}{\mu_1\mathcal{R}_0} > 0,$$

$$a_2 = \frac{\delta_1}{\mathcal{R}_0} \left( \mu_1 + \frac{\rho_1}{\mu_1\mathcal{R}_0} + \frac{\rho_2}{\mathcal{R}_0}(\mathcal{R}_0-1) \right),$$

$$a_3 = \frac{\delta_1\mu_1}{\mathcal{R}_0}(\mathcal{R}_0-1).$$

Note that  $a_2 > 0, a_3 > 0$  as  $\mathcal{R}_0 > 1$ . In addition, if  $a_1a_2 - a_3 > 0$ , the equilibrium  $S_2$  is LAS by the Routh–Hurwitz criterion, where

$$\begin{aligned} & a_1a_2 - a_3 \\ &= \frac{\delta_1}{\mathcal{R}_0} \left\{ \left( \frac{\delta_1}{\mathcal{R}_0} + \mu_1 + \frac{\rho_1}{\mu_1\mathcal{R}_0} \right) \left( \mu_1 + \frac{\rho_1}{\mu_1\mathcal{R}_0} \right) + (\mathcal{R}_0-1) \left[ \left( \frac{\delta_1}{\mathcal{R}_0} + \mu_1 + \frac{\rho_1}{\mu_1\mathcal{R}_0} \right) \frac{\rho_2}{\mathcal{R}_0} - \mu_1 \right] \right\} \\ &= \frac{\delta_1}{\mathcal{R}_0} \left\{ \left( \frac{\delta_1}{\mathcal{R}_0} + \mu_1 + \frac{\rho_1}{\mu_1\mathcal{R}_0} \right) \left[ \left( \mu_1 + \frac{\rho_1}{\mu_1\mathcal{R}_0} \right) + (\mathcal{R}_0-1) \frac{\rho_2}{\mathcal{R}_0} \right] - (\mathcal{R}_0-1)\mu_1 \right\}. \end{aligned}$$

Let

$$\phi_1(p) := \left( \frac{\delta_1}{\mathcal{R}_0} + \mu_1 + \frac{\rho_1}{\mu_1\mathcal{R}_0} \right) \left[ \left( \mu_1 + \frac{\rho_1}{\mu_1\mathcal{R}_0} \right) + (\mathcal{R}_0-1) \frac{\rho_2}{\mathcal{R}_0} \right] - (\mathcal{R}_0-1)\mu_1, \quad (2.1)$$

where  $p = (\delta_1, \rho_1, \rho_2, \mu_1)$ . We see that equilibrium  $S_2$  is LAS, if  $\mathcal{R}_0 > 1$  and  $\phi_1(p) > 0$ .

On the other hand, if  $\mathcal{R}_1 > 1$  or  $\phi_1(p) < 0$ , then  $J(S_2)$  has eigenvalue with positive real parts ( $\lambda_4 > 0$  or one/two of  $\lambda_i, i=1,2,3$ ), implying that  $S_2$  is unstable. By [42], the necessary and sufficient condition for system (1.2) to have a Hopf bifurcation at  $S_2$  is  $\phi_1(p) = 0$ , assuming  $\mathcal{R}_0 > 1$  and  $\mathcal{R}_1 \neq 1$ , thereby  $J(S_2)$  has a pair of pure imaginary eigenvalues  $\lambda = \pm i\sqrt{a_2}$ .  $\square$

**Remark 2.1.** Notice that if

$$\left( \frac{\delta_1}{\mathcal{R}_0} + \mu_1 + \frac{\rho_1}{\mu_1 \mathcal{R}_0} \right) \frac{\rho_2}{\mathcal{R}_0} > \mu_1,$$

that is,

$$\delta_1 > \rho_2 + \left( \frac{\rho_1}{\rho_2} - 1 \right) \mathcal{R}_0,$$

then  $a_1 a_2 - a_3 > 0$ . Thus, if  $\mathcal{R}_0 > 1 > \mathcal{R}_1$ , and

$$\left( \frac{\delta_1}{\mathcal{R}_0} + \mu_1 + \frac{\rho_1}{\mu_1 \mathcal{R}_0} \right) \frac{\rho_2}{\mathcal{R}_0} > \mu_1,$$

then the equilibrium  $S_2$  is LAS.

For the stability of the immune-controlled equilibrium  $S_3$ , we have the following results.

**Theorem 2.3.** For system (1.2), with  $\mathcal{R}_0 > 1, \mathcal{R}_1 > 1$ , we have:

- (i) If  $\phi_2(p) > 0$  and  $\phi_3(p) > 0$ , the immune-controlled equilibrium  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  is LAS.
- (ii) If  $\phi_2(p) < 0$  or  $\phi_3(p) < 0$ , then  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  is unstable.
- (iii) The system has a Hopf bifurcation at  $S_2$  if and only if  $\phi_3(p) = 0$ .

Here, the formulas of  $\phi_2(p)$  and  $\phi_3(p)$  are given by (2.2) and (2.3), respectively.

*Proof.* The Jacobian matrix of system (1.2) at  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  is given by

$$J(S_3) = \begin{pmatrix} -\delta_1 \hat{u} & -\rho_2 \hat{u} & -\rho_1 \hat{u} & 0 & 0 \\ \frac{\mathcal{R}_0 \bar{w}}{\mathcal{R}_1} & (\rho_2 - \mathcal{R}_0) \hat{u} & \rho_1 \hat{u} & -\frac{\rho_3 \bar{w}}{\mathcal{R}_1} & 0 \\ 0 & 1 & -\mu_1 & 0 & 0 \\ 0 & \delta_2 \hat{x} - \eta \hat{x} & 0 & 0 & 0 \\ 0 & \eta \hat{x} & 0 & \eta \bar{w} & -\mu_3 \end{pmatrix},$$

which has an eigenvalue  $\lambda_5 = -\mu_3 < 0$ , and other eigenvalues are given by the matrix

$$J_1(S_3) = \begin{pmatrix} -\delta_1 \hat{u} & -\rho_2 \hat{u} & -\rho_1 \hat{u} & 0 \\ \frac{\mathcal{R}_0 \bar{w}}{\mathcal{R}_1} & (\rho_2 - \mathcal{R}_0) \hat{u} & \rho_1 \hat{u} & -\frac{\rho_3 \bar{w}}{\mathcal{R}_1} \\ 0 & 1 & -\mu_1 & 0 \\ 0 & \delta_2 \hat{x} - \eta \hat{x} & 0 & 0 \end{pmatrix}.$$

The characteristic equation of  $J_1(S_3)$  reads

$$\lambda^4 + b_1\lambda^3 + b_2\lambda^2 + b_3\lambda + b_4 = 0,$$

where

$$\begin{aligned} b_1 &= \mathcal{R}_0\hat{u} - \rho_2\hat{u} + \delta_1\hat{u} + \mu_1 = \frac{\rho_1}{\mu_1}\hat{u} + \delta_1\hat{u} + \mu_1 > 0, \\ b_2 &= \frac{-\eta\bar{w}\hat{x}\rho_3 + \bar{w}\hat{x}\delta_2\rho_3 + \hat{u}\bar{w}\mathcal{R}_0\rho_2}{\mathcal{R}_1} + \hat{u}^2\delta_1\mathcal{R}_0 - \hat{u}^2\delta_1\rho_2 + \hat{u}\mathcal{R}_0\mu_1 + \hat{u}\delta_1\mu_1 - \hat{u}\mu_1\rho_2 - \rho_1\hat{u} \\ &= \frac{\mathcal{R}_0\rho_2\hat{u}\bar{w}}{\mathcal{R}_1} + \mu_2\rho_3\hat{x} + \delta_1\frac{\rho_1}{\mu_1}\hat{u}^2 + \delta_1\mu_1\hat{u} > 0, \\ b_3 &= \frac{\hat{u}\bar{w}\mathcal{R}_0(\mu_1\rho_2 + \rho_1) + \rho_3\hat{x}(\hat{u}\delta_1 + \mu_1)\bar{w}(\delta_2 - \eta)}{\mathcal{R}_1} + \hat{u}^2\delta_1(\mathcal{R}_0\mu_1 - \mu_1\rho_2 - \rho_1) \\ &= \frac{\mu_1\mathcal{R}_0^2\hat{u}\bar{w}}{\mathcal{R}_1} + \mu_2\rho_3\hat{x}(\delta_1\hat{u} + \mu_1) > 0, \\ b_4 &= \frac{\hat{u}\hat{x}\delta_1\mu_1\rho_3\bar{w}(\delta_2 - \eta)}{\mathcal{R}_1} = \delta_1\mu_1\mu_2\rho_3\hat{x}\hat{u} > 0. \end{aligned}$$

Therefore, if  $b_1b_2 - b_3 > 0$  and  $b_3(b_1b_2 - b_3) - b_1^2b_4 > 0$ , then the equilibrium  $S_3$  is LAS by the Routh-Hurwitz criterion, where

$$\begin{aligned} b_1b_2 - b_3 &= \left( \frac{\rho_1}{\mu_1}\hat{u} + \delta_1\hat{u} + \mu_1 \right) \left[ \frac{\mathcal{R}_0\rho_2\hat{u}\bar{w}}{\mathcal{R}_1} + \mu_2\rho_3\hat{x} + \delta_1\frac{\rho_1}{\mu_1}\hat{u}^2 + \delta_1\mu_1\hat{u} \right] \\ &\quad - \left[ \frac{\mathcal{R}_0^2\mu_1\hat{u}\bar{w}}{\mathcal{R}_1} + \mu_2\rho_3\hat{x}(\delta_1\hat{u} + \mu_1) \right] \\ &= \left\{ \frac{\rho_1}{\mu_1}\mu_2\rho_3\hat{x} + \left( \frac{\rho_1}{\mu_1}\hat{u} + \mu_1 + \delta_1\hat{u} \right) \left( \frac{\rho_1}{\mu_1}\hat{u} + \mu_1 \right) \delta_1 + \left[ \left( \frac{\rho_1}{\mu_1} + \delta_1 \right) \rho_2\hat{u} - \rho_1 \right] \frac{\mathcal{R}_0\bar{w}}{\mathcal{R}_1} \right\} \hat{u}, \end{aligned}$$

and

$$\begin{aligned} &b_3(b_1b_2 - b_3) - b_1^2b_4 \\ &= \left\{ \frac{\rho_1}{\mu_1}\mu_2\rho_3\hat{x} + \left( \frac{\rho_1}{\mu_1}\hat{u} + \mu_1 + \delta_1\hat{u} \right) \left( \frac{\rho_1}{\mu_1}\hat{u} + \mu_1 \right) \delta_1 + \left[ \left( \frac{\rho_1}{\mu_1} + \delta_1 \right) \rho_2\hat{u} - \rho_1 \right] \frac{\mathcal{R}_0\bar{w}}{\mathcal{R}_1} \right\} \hat{u} \\ &\quad \times \left[ \frac{\mathcal{R}_0^2\mu_1\hat{u}\bar{w}}{\mathcal{R}_1} + \mu_2\rho_3\hat{x}(\delta_1\hat{u} + \mu_1) \right] - \delta_1\mu_1\mu_2\rho_3\hat{x}\hat{u} \left( \frac{\rho_1}{\mu_1}\hat{u} + \mu_1 + \delta_1\hat{u} \right)^2 \\ &= \left\{ \mathcal{R}_0^2\mu_1\hat{u}\bar{w} \left[ \frac{\rho_1}{\mu_1}\mu_2\rho_3\hat{x} + \left( \frac{\rho_1}{\mu_1}\hat{u} + \mu_1 + \delta_1\hat{u} \right) \left( \frac{\rho_1}{\mu_1}\hat{u} + \mu_1 \right) \delta_1 \right] \right. \\ &\quad + \left[ \mathcal{R}_0^2\mu_1\hat{u}\bar{w} + \mu_2\rho_3\hat{x}\mathcal{R}_1(\delta_1\hat{u} + \mu_1) \right] \left[ \left( \frac{\rho_1}{\mu_1} + \delta_1 \right) \rho_2\hat{u} - \rho_1 \right] \frac{\mathcal{R}_0\bar{w}}{\mathcal{R}_1} \\ &\quad \left. + \frac{\rho_1}{\mu_1}\mu_2\rho_3\hat{x}\mathcal{R}_1 \left[ \frac{\rho_1}{\mu_1}\delta_1^2\hat{u}^3 + (\delta_1^2\hat{u}^2 + \mu_2\rho_3\hat{x})(\delta_1\hat{u} + \mu_1) \right] \right\} \frac{\hat{u}}{\mathcal{R}_1^2}. \end{aligned}$$

Let

$$\phi_2(p) := \frac{\rho_1}{\mu_1} \mu_2 \rho_3 \hat{x} + \left( \frac{\rho_1}{\mu_1} \hat{u} + \mu_1 + \delta_1 \hat{u} \right) \left( \frac{\rho_1}{\mu_1} \hat{u} + \mu_1 \right) \delta_1 + \left[ \left( \frac{\rho_1}{\mu_1} + \delta_1 \right) \rho_2 \hat{u} - \rho_1 \right] \frac{\mathcal{R}_0 \bar{w}}{\mathcal{R}_1}, \quad (2.2)$$

$$\begin{aligned} \phi_3(p) := & \mathcal{R}_0^2 \mu_1 \hat{u} \bar{w} \left[ \frac{\rho_1}{\mu_1} \mu_2 \rho_3 \hat{x} + \left( \frac{\rho_1}{\mu_1} \hat{u} + \mu_1 + \delta_1 \hat{u} \right) \left( \frac{\rho_1}{\mu_1} \hat{u} + \mu_1 \right) \delta_1 \right] \\ & + [\mathcal{R}_0^2 \mu_1 \hat{u} \bar{w} + \mu_2 \rho_3 \hat{x} \mathcal{R}_1 (\delta_1 \hat{u} + \mu_1)] \left[ \left( \frac{\rho_1}{\mu_1} + \delta_1 \right) \rho_2 \hat{u} - \rho_1 \right] \frac{\mathcal{R}_0 \bar{w}}{\mathcal{R}_1} \\ & + \frac{\rho_1}{\mu_1} \mu_2 \rho_3 \hat{x} \mathcal{R}_1 \left[ \frac{\rho_1}{\mu_1} \delta_1^2 \hat{u}^3 + (\delta_1^2 \hat{u}^2 + \mu_2 \rho_3 \hat{x}) (\delta_1 \hat{u} + \mu_1) \right]. \end{aligned} \quad (2.3)$$

We see that  $b_i > 0, i = 1, 2, 3, 4$ , and if  $\phi_2(p) > 0$  and  $\phi_3(p) > 0$ , then  $b_1 b_2 - b_3 > 0$  and  $b_3(b_1 b_2 - b_3) - b_1^2 b_4 > 0$ , so that  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  is LAS. If  $\phi_2(p) < 0$  or  $\phi_3(p) < 0$ , then  $b_1 b_2 - b_3 < 0$  or  $b_3(b_1 b_2 - b_3) - b_1^2 b_4 < 0$ , respectively, so that  $S_3$  is unstable when it exists. By [42], the system has a Hopf bifurcation at  $S_2$  if and only if  $\phi_3(p) = 0$ , assuming  $\mathcal{R}_0 > 1$  and  $\mathcal{R}_1 \neq 1$ , thereby  $J(S_3)$  has a pair of pure imaginary eigenvalues  $\lambda = \pm i\sqrt{b_3/b_1}$ .  $\square$

**Remark 2.2.** Notice that if  $(\rho_1/\mu_1 + \delta_1)\rho_2 \hat{u} > \rho_1$ , that is,

$$\rho_2 \left( \frac{\rho_1}{\mu_1} + \delta_1 \right) \left( 1 - \frac{1}{\mathcal{R}_0} + \frac{1}{\mathcal{R}_0 \mathcal{R}_1} \right) > \rho_1,$$

then  $\phi_2(p) > 0$  and  $\phi_3(p) > 0$ , implying that  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  is LAS when it exists (i.e.  $\mathcal{R}_0 > 1, \mathcal{R}_1 > 1$ ).

All these conditions are summarized in the Table 1.

Table 1: Summary of conditions for existence and LAS of equilibria  $S_1, S_2, S_3$ .

	$S_1(1, 0, 0, 0, 0)$	$S_2(\bar{u}, \bar{w}, \bar{v}, 0, 0)$	$S_3(\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$
Existence	Always	$\mathcal{R}_0 > 1$	$\mathcal{R}_0 > 1, \mathcal{R}_1 > 1$
LAS (iff)	$\mathcal{R}_0 < 1$	$\mathcal{R}_0 > 1 > \mathcal{R}_1,$ $\phi_1(p) > 0$	$\mathcal{R}_0 > 1, \mathcal{R}_1 > 1,$ $\phi_2(p) > 0, \phi_3(p) > 0$
LAS (sufficient)		$\mathcal{R}_0 > 1 > \mathcal{R}_1,$ $\delta_1 > \rho_2 + \left( \frac{\rho_1}{\rho_2} - 1 \right) \mathcal{R}_0$	$\mathcal{R}_0 > 1, \mathcal{R}_1 > 1,$ $\left( \frac{\rho_1}{\mu_1} + \delta_1 \right) \rho_2 \hat{u} > \rho_1$
Unstable	$\mathcal{R}_0 > 1$	$\mathcal{R}_0 > 1$ and $(\mathcal{R}_1 > 1 \text{ or } \phi_1(p) < 0)$	$\mathcal{R}_0 > 1, \mathcal{R}_1 > 1$ and $(\phi_2(p) < 0 \text{ or } \phi_3(p) < 0)$
Hopf bifurcation		$\mathcal{R}_0 > 1, \mathcal{R}_1 \neq 1,$ $\phi_1(p) = 0$	$\mathcal{R}_0 > 1, \mathcal{R}_1 > 1,$ $\phi_3(p) = 0$

Biological interpretation of epidemiological threshold parameters are given as follows: The basic reproduction number  $\mathcal{R}_0$

$$\mathcal{R}_0 = \frac{\rho_1}{\mu_1} + \rho_2 = \beta_1 T_M \frac{1}{d_I} \frac{\gamma}{d_V} + \beta_2 T_M \frac{1}{d_I}$$

combines two distinct infection pathways. The first term quantifies virus-to-cell transmission, where  $\beta_1 T_M$  represents the infection rate when target cells ( $T_M$ ) are abundant,  $1/d_I$  is the average infectious period of an infected cell, and  $\gamma/d_V$  gives the total viral particles produced per cell during its lifespan. The second term characterizes cell-to-cell spread, where  $\beta_2 T_M$  reflects the direct transmission rate between adjacent cells, with  $1/d_I$  again representing the duration of infectiousness. Together,  $\mathcal{R}_0$  estimates the expected secondary infections generated by a single infected cell through both free-virus diffusion and direct cellular transmission in a fully susceptible cell population.

The immune-response establishment threshold  $\mathcal{R}_1 > 1$  implies

$$\frac{\delta_2 - \eta}{\mu_2} \delta_1 > \frac{\mathcal{R}_0^2}{\mathcal{R}_0 - 1},$$

that is

$$\frac{r_1 - \rho}{d_E} r_1 T_M > \frac{\mathcal{R}_0^2}{\mathcal{R}_0 - 1},$$

which biologically indicates that successful immune activation requires the following:

- (i) sufficiently rapid immune cell proliferation (large  $\delta_2$  or  $r_1$ ),
- (ii) minimal immune exhaustion (small  $\eta$  or  $\rho$ ),
- (iii) long-lived immune effectors (small  $\mu_2$  or  $d_E$ ),
- (iv) abundant target cell availability (large  $\delta_1$  or  $r_1 T_M$ ),

all of which must collectively overcome the viral replicative potential quantified by  $\mathcal{R}_0^2/(\mathcal{R}_0 - 1)$ , where this threshold increases with higher basic reproduction number  $\mathcal{R}_0$  ( $\mathcal{R}_0 > 2$ ), and decreases for  $\mathcal{R}_0 < 2$ .

### 2.3 Global stability of equilibria $S_1$ and $S_2$

In this section, we prove that  $S_1$  is globally asymptotically stable (GAS) when  $\mathcal{R}_0 < 1$ , while  $S_2$  is GAS if  $\mathcal{R}_0 > 1, \mathcal{R}_1 < 1 - \epsilon$  and

$$\delta_1 > \max \left\{ \left( \frac{\rho_1}{\mu_1} + \rho_2 \mathcal{R}_0^s \right) \mathcal{R}_0, \rho_2 + \left( \frac{\rho_1}{\rho_2} - 1 \right) \mathcal{R}_0 \right\},$$

where  $s := \max\{1/\mu_2, 1\}$ , and  $\epsilon$  is a small positive constant. We prove these results by constructing an appropriate Lyapunov functional, whose form is motivated by the Lyapunov function in [15, 22, 23]. We define the function  $g(x) = x - 1 - \ln x$ .

**Theorem 2.4.** *If  $\mathcal{R}_0 < 1$ , the infection-free equilibrium  $S_1 = (1, 0, 0, 0, 0)$  is GAS.*

*Proof.* Let  $(u(t), w(t), v(t), x(t), y(t))$  be a solution of system (1.2) satisfying  $u(t) > 0$ , and let

$$L_1(u, w, v, x, y) = g(u) + w + A_1 v + A_2 x + A_3 y,$$

where  $A_i, i = 1, 2, 3$ , are constants to be determined, then time derivative of  $L_1$  along the solutions of (1.2) is

$$\begin{aligned} \frac{dL_1}{dt} &= \left(1 - \frac{1}{u}\right) \frac{du}{dt} + \frac{dw}{dt} + A_1 \frac{dv}{dt} + A_2 \frac{dx}{dt} + A_3 \frac{dy}{dt} \\ &= -\delta_1(1-u)^2 + (\rho_1 - A_1\mu_1)v + (\rho_2 - 1 + A_1)w + (A_1\delta_2 - \rho_3)xw - A_2(\mu_2x + \mu_3y). \end{aligned}$$

The constants  $A_i > 0, i = 1, 2, 3, 4$ , are chosen to satisfy

$$\rho_1 - A_1\mu_1 < 0, \quad \rho_2 - 1 + A_1 < 0, \quad A_2\delta_2 - \rho_3 \leq 0,$$

that is,  $\mathcal{R}_0 - \rho_2 < A_1 < 1 - \rho_2$  and  $A_2 \leq \rho_3 / \delta_2$ . We take

$$A_1 = \frac{\mathcal{R}_0 + 1 - 2\rho_2}{2}, \quad A_2 = \frac{\rho_3}{\delta_2},$$

then

$$\frac{dL_1}{dt} = -\delta_1(1-u)^2 - \frac{\mu_1}{2}(1-\mathcal{R}_0)v - \frac{1}{2}(1-\mathcal{R}_0)w - \frac{\rho_3}{\delta_2}(\mu_2x + \mu_3y).$$

We see that if  $\mathcal{R}_0 < 1$ , then  $dL_1/dt \leq 0$ , and

$$Q_1 := \left\{ (u(t), w(t), v(t), x(t), y(t)) \mid \frac{dL_1}{dt} = 0 \right\} = \{(1, 0, 0, 0, 0)\}.$$

The largest invariant set in  $Q_1$  is  $\{S_1 = (1, 0, 0, 0, 0)\}$ , thus by the LaSalle invariance principle [21], all nonnegative solutions tend to  $S_1$ . Therefore,  $S_1$  is globally attractive as  $\mathcal{R}_0 < 1$ . With the local asymptotic stability of  $S_1$ , we get that  $S_1$  is GAS.  $\square$

**Lemma 2.2.** *If  $\mathcal{R}_0 > 1$  and  $\delta_1 > \rho_1 / \mu_1 + \rho_2 \mathcal{R}_0 s$ , then for any solution  $(u(t), w(t), v(t), x(t), y(t)) \in \mathbb{X}, (u(t) > 0)$ , of system (1.2), with initial condition  $(u(0), w(0), v(0), x(0), y(0)) \in \mathbb{X}, (u(0) > 0)$ , we have*

$$\liminf_{t \rightarrow +\infty} u(t) \geq 1 - \frac{\rho_1 / \mu_1 + \rho_2 \mathcal{R}_0 s}{\delta_1},$$

where  $s := \max\{1/\mu_2, 1\}$ .

*Proof.* For any solution  $(u(t), w(t), v(t), x(t), y(t)) \in \mathbb{X}, (u(t) > 0)$ , of system (1.2), with initial condition  $(u(0), w(0), v(0), x(0), y(0)) \in \mathbb{X}, (u(0) > 0)$ , from the proof of Theorem 2.1, we see that

$$\limsup_{t \rightarrow +\infty} v(t) \leq \frac{1}{\mu_1}, \quad \limsup_{t \rightarrow +\infty} w(t) \leq \frac{\rho_3}{\delta_2 - \eta} \zeta = \mathcal{R}_0 s.$$

Hence, for  $\epsilon > 0$  sufficiently small, there is a  $T_1 > 0$  such that if  $t > T_1$ , then

$$v(t) < \frac{1}{\mu_1} + \epsilon, \quad w(t) < \mathcal{R}_0 s + \epsilon,$$

so that from the Eq. (1.2a),

$$\frac{du}{dt} \geq \delta_1 u(1-u) - \left( \frac{\rho_1}{\mu_1} + \rho_1 \epsilon + \rho_2 (\mathcal{R}_0 s + \epsilon) \right) u.$$

By a standard comparison argument, it follows that

$$\liminf_{t \rightarrow +\infty} u(t) \geq 1 - \frac{\rho_1 / \mu_1 + \rho_1 \epsilon + \rho_2 (\mathcal{R}_0 s + \epsilon)}{\delta_1}.$$

Since  $\epsilon > 0$  is arbitrarily sufficiently small, we therefore obtain

$$\liminf_{t \rightarrow +\infty} u(t) \geq 1 - \frac{\rho_1 / \mu_1 + \rho_2 \mathcal{R}_0 s}{\delta_1}.$$

This completes the proof. □

**Theorem 2.5.** *If  $\mathcal{R}_0 > 1, \mathcal{R}_1 < 1 - \epsilon$  and*

$$\delta_1 > \max \left\{ \left( \frac{\rho_1}{\mu_1} + \rho_2 \mathcal{R}_0 s \right) \mathcal{R}_0, \rho_2 + \left( \frac{\rho_1}{\rho_2} - 1 \right) \mathcal{R}_0 \right\},$$

*the uncontrolled-infection equilibrium  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  is GAS, where  $s := \max\{1/\mu_2, 1\}$ , and  $\epsilon$  is a small constant.*

*Proof.* Let  $(u(t), w(t), v(t), x(t), y(t))$  be a solution of system (1.2) satisfying  $u(t) > 0$ ,  $w(t) > 0, v(t) > 0$ , and let

$$L_2(u, w, v, x, y) = \bar{u} g\left(\frac{u}{\bar{u}} \bar{v}\right) + \bar{w} g\left(\frac{w}{\bar{w}}\right) + \frac{\rho_1 \bar{u}}{\mu_1} \bar{v} g\left(\frac{v}{\bar{v}}\right) + \frac{\rho_3 \bar{w}}{\mu_2} x + \frac{\rho_3 \epsilon}{\eta} y,$$

where  $\epsilon$  is a small constant. The time derivative of  $L_2$  along the solutions of (1.2) is given by

$$\begin{aligned} \frac{dL_2}{dt} &= \left(1 - \frac{\bar{u}}{u}\right) \frac{du}{dt} + \left(1 - \frac{\bar{w}}{w}\right) \frac{dw}{dt} + \frac{\rho_1 \bar{u}}{\mu_1} \left(1 - \frac{\bar{v}}{v}\right) \frac{dv}{dt} + A_3 \frac{dx}{dt} + A_4 \frac{dy}{dt} \\ &= \left(1 - \frac{\bar{u}}{u}\right) [\delta_1 u(1-u) - (\rho_1 v + \rho_2 w)u] + \left(1 - \frac{\bar{w}}{w}\right) [(\rho_1 v + \rho_2 w)u - w - \rho_3 xw] \\ &\quad + \frac{\rho_1 \bar{u}}{\mu_1} \left(1 - \frac{\bar{v}}{v}\right) [w - \mu_1 v] + \frac{\rho_3 \bar{w}}{\mu_2} [(\delta_2 - \eta)w - \mu_2]x + \frac{\rho_3 \epsilon}{\eta} (\eta xw - \mu_3 y). \end{aligned}$$



Applying

$$\delta_1 \bar{u}(1 - \bar{u}) = (\rho_1 \bar{v} + \rho_2 \bar{w}) \bar{u}, \quad (\rho_1 \bar{v} + \rho_2 \bar{w}) \bar{u} = \bar{w}, \quad \bar{w} = \mu_1 \bar{v},$$

it follows that

$$\begin{aligned} \frac{dL_2}{dt} &= \left(1 - \frac{\bar{u}}{u}\right) [\delta_1 u(1 - u) - \delta_1 \bar{u}(1 - \bar{u})] + (\rho_1 \bar{v} + \rho_2 \bar{w}) \left(\bar{u} - \frac{\bar{u}^2}{u}\right) + (\rho_1 v + \rho_2 w)(\bar{u} - u) \\ &\quad + [(\rho_1 v + \rho_2 w)u - w] - \left(\rho_1 v \frac{\bar{w}}{w} + \rho_2 \bar{w}\right) u + (\rho_1 \bar{v} + \rho_2 \bar{w}) \bar{u} \\ &\quad + \frac{\rho_1 \bar{u}}{\mu_1} w - \rho_1 \bar{u} v - \frac{\rho_1 \bar{u}}{\mu_1} \frac{\bar{v}}{v} w + \rho_1 \bar{v} \bar{u} - \rho_3 x w + \rho_3 x \bar{w} \\ &\quad + \frac{\rho_3 \bar{w}}{\mu_2} [(\delta_2 - \eta) x w - \mu_2 x] + \frac{\rho_3 \epsilon}{\eta} (\eta x w - \mu_3 y) \\ &= \delta_1 \frac{(u - \bar{u})^2}{u} [1 - (u + \bar{u})] + \rho_1 \bar{v} \bar{u} \left(3 - \frac{\bar{u}}{u} - \frac{w \bar{v}}{\bar{w} v} - \frac{u \bar{w} v}{\bar{u} w \bar{v}}\right) + \rho_2 \bar{w} \bar{u} \left(2 - \frac{\bar{u}}{u} - \frac{u}{\bar{u}}\right) \\ &\quad + \rho_3 (\mathcal{R}_1 - 1 + \epsilon) x w - \frac{\rho_3 \mu_3 \epsilon}{\eta} y. \end{aligned}$$

From Lemma 2.2, if  $\mathcal{R}_0 > 1$  and  $\delta_1 > \rho_1 / \mu_1 + \rho_2 \mathcal{R}_0 s$ , there is a  $T > 0$  such that for  $t > T$ ,

$$u(t) \geq 1 - \frac{\rho_1 / \mu_1 + \rho_2 \mathcal{R}_0 s}{\delta_1}.$$

If  $\delta_1 > (\rho_1 / \mu_1 + \rho_2 \mathcal{R}_0 s) \mathcal{R}_0$ , it follows that, for  $t > T$ ,

$$u > 1 - \frac{1}{\mathcal{R}_0} = 1 - \bar{u},$$

so that

$$\delta_1 \frac{(u - \bar{u})^2}{u} [1 - (u + \bar{u})] \leq 0$$

with equality if and only if  $u(t) = \bar{u}$ . Due to the arithmetic-geometric mean inequality,

$$3 - \frac{\bar{u}}{u} - \frac{w \bar{v}}{\bar{w} v} - \frac{u \bar{w} v}{\bar{u} w \bar{v}} \leq 0, \quad 2 - \frac{\bar{u}}{u} - \frac{u}{\bar{u}} \leq 0.$$

We see that if  $\mathcal{R}_1 < 1 - \epsilon$ , then  $dL_2/dt \leq 0$ . Let

$$Q_2 = \left\{ (u, w, v, x, y) \mid \frac{dL_2}{dt} = 0 \right\},$$

then

$$Q_2 = \left\{ (u, w, v, x, y) \mid u = \bar{u}, \frac{w}{\bar{w}} = \frac{v}{\bar{v}}, x = 0, y = 0 \right\} = \{(\bar{u}, \bar{w}, \bar{v}, 0, 0)\}.$$

Here,  $w/\bar{w} = v/\bar{v}$  implies that

$$\frac{dv}{dt} = \left( \frac{\bar{w}}{\bar{v}} - \mu_1 \right) v = 0,$$

thus  $v = \bar{v}$ , and furthermore  $w = \bar{w}$ . The largest invariant set in  $Q_2$  is  $\{S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)\}$ , thus by the LaSalle invariance principle [21], all nonnegative solutions tend to  $S_2$ . Therefore,  $S_2$  is globally attractive under  $\mathcal{R}_0 > 1, \mathcal{R}_1 < 1 - \epsilon$  and  $\delta_1 > (\rho_1/\mu_1 + \rho_2\mathcal{R}_0s)\mathcal{R}_0$ , and furthermore it is GAS, if  $\delta_1 > \rho_2 + (\rho_1/\rho_2 - 1)\mathcal{R}_0$ .  $\square$

**Remark 2.3.** The stability conditions

$$\delta_1 > \rho_2 + \left(\frac{\rho_1}{\rho_2} - 1\right)\mathcal{R}_0, \quad \delta_1 > \left(\frac{\rho_1}{\mu_1} + \rho_2\mathcal{R}_0s\right)\mathcal{R}_0,$$

where  $s := \max\{1/\mu_2, 1\}$ , indicate that viral persistence (stable  $S_2$ ) under weak immunity ( $\mathcal{R}_1 < 1$ ) requires high  $CD4^+$  T cell supply (large  $\delta_1$ ) in contrast to the infection rates ( $\rho_1$  and  $\rho_2$ ) to sustain infection.

### 3 Numerical simulation

#### 3.1 Parameter estimation and numerical methods

We derived the apoptosis/degradation rates in the model from empirical half-life data. For free HIV virions, half-life  $t_{1/2} = 0.1$  (range: 30min–0.24 days [25]), yielding  $d_V = \ln(2)/t_{1/2} = \ln(2)/0.1 = 6.9315/\text{day}$ . For virus-producing virus-producing  $CD4^+$  T cells,  $t_{1/2} = 0.7$  days [3], giving  $d_I = \ln(2)/0.7 = 0.9902/\text{day}$ . For the early-stage exhausted  $CD8^+$  T cells, half-life  $t_{1/2} = 10$  days (range: 1–2 weeks), resulting in  $d_E = \ln(2)/10 = 0.0693/\text{day}$ . Terminally exhausted  $CD8^+$  T cells have a reduced half-life  $t_{1/2} = 5$  days, due to PD-1/Blimp-1-driven apoptosis [26], leading to  $d_{E^*} = \ln(2)/5 = 0.1386/\text{day}$ . According to [6], we set  $r_1 = 0.1/\text{day}$ ,  $T_M = 1000$ ,  $\gamma = 200$ ,  $E_M = 1000$ . The other parameters that related to infection ( $\beta_1, \beta_2$ ) and  $CD8^+$  T cell response ( $r_2, \rho, \alpha$ ) are fitted to 5-year longitudinal data from a slow  $CD4$  decline patient (Patient D in [33]).

To identify the optimal parameter set  $\vec{p} = \{\beta_1, \beta_2, r_2, \rho, \alpha\}$ , we minimized the sum of squared normalized errors (SSNE) between cohort data and model simulations, defined as

$$\min_{\vec{p}} SE(\vec{p}) = \sum_{j=1}^m \left( \frac{\hat{X}(t_j) - X(t_j, \vec{p})}{\max(\hat{X}(t_j))} \right)^2,$$

where  $\hat{X}(t_j)$  denotes the observed cohort data at time  $t_j$ , and represents the simulated output with parameters  $\vec{p}$ . Initial conditions are derived from cohort measurements: viral load copies/mL, and cell counts  $T(0) = 115.2054, I(0) = 5.7603, E(0) = 84.8352, E^*(0) = 84.8352$  cells/ $\mu\text{L}$  blood.

We applied the particle swarm optimization (PSO) [16] combined with Latin hypercube sampling (LHS) [24] to optimize the objective function and find the best fit parameter values. The agreement between cohort data and model simulations is presented in Fig.1. The goodness of fit is  $SSNE = 0.43$  and the resulting parameter values

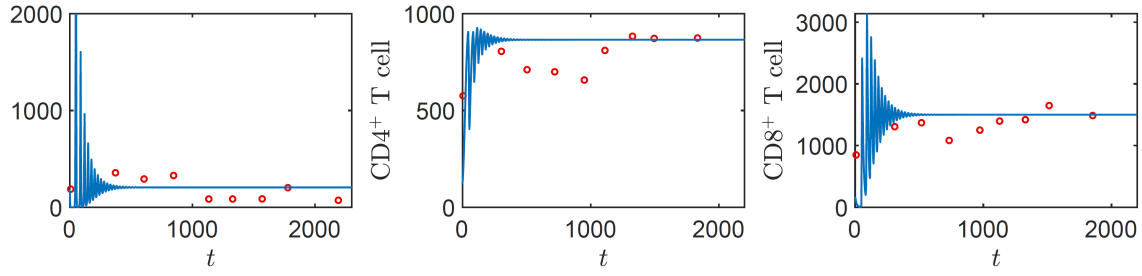


Figure 1: The dynamics of  $CD4^+$  T and  $CD8^+$  T-cell and viral load.  $CD4^+$  and  $CD8^+$  T-cell (per ml blood) and viral load (log copies/ml) dynamics with HIV-infected clinical data (red) and simulation (blue) by the model (1.1). The time scale is in day.

are  $\beta_1 = 5.1079 \times 10^{-5}$ ,  $\beta_2 = 5.102 \times 10^{-4}$ ,  $r_2 = 0.0327$ ,  $\rho = 0.023$  and  $\alpha = 0.001$ . The corresponding non-dimensionalized parameter values are  $\delta_1 = 0.1010$ ,  $\rho_1 = 10.4190$ ,  $\rho_2 = 0.5152$ ,  $\rho_3 = 1.0099$ ,  $\delta_2 = 33.0236$ ,  $\eta = 23.2276$ ,  $\mu_1 = 7.0001$ ,  $\mu_2 = 0.0700$  and  $\mu_3 = 0.1400$ .

We note a divergence in long-term dynamics: In the early-phase, the model predicts initial oscillations (likely reflecting immune-viral feedback loops) that are not observed in the cohort data, possibly due to limited sampling frequency in clinical measurements; in the late-phase, the longitudinal data exhibits sustained low-amplitude fluctuations (consistent with persistent immune activity), whereas our simulations converge to steady states. This discrepancy may arise from our model simplifications (e.g. constant parameter values vs. biological variability). Incorporating noise-driven dynamics or time-dependent parameters could bridge this gap (e.g. via stochastic differential equations or periodic forcing), which we will not consider in this paper. We now turn to examining the bifurcation dynamics of the system and the impacts of  $CD8^+$  T cell exhaustion on these dynamics.

All model simulations are performed in MATLAB R2019a using the solvers ode45 and ode23, with relative and absolute tolerance equal to  $1e-6$ . Bifurcation thresholds are determined by computing via Maple 2021. The Hopf bifurcation points are detected by eigenvalue monitoring ( $\text{Re}(\lambda) = 0, \text{Im}(\lambda) \neq 0$ ) using Maple 2021.

### 3.2 Bifurcation diagram

We analyze the system with high exhaustion rate ( $\eta = 27$ ), using  $\rho_1$  as the bifurcation parameter that is related to all the thresholds of model dynamics, that is,  $\mathcal{R}_0, \mathcal{R}_1, \phi_1, \phi_2$  and  $\phi_3$  (see Eqs. (2.1)-(2.3)). Fig. 2(a) shows these threshold functions versus  $\rho_1$ :

- (i) The basic reproduction number  $\mathcal{R}_0(\rho_1)$  increases linearly, crossing 1 at  $\rho_1^{c_0} = 3.3936$ . The infection-free state  $S_1 = (1, 0, 0, 0, 0)$  is LAS for  $\rho_1 < \rho_1^{c_0}$  (i.e.  $\mathcal{R}_0(\rho_1) < 1$ ), but lose stability when  $\rho_1 > \rho_1^{c_0}$  (i.e.  $\mathcal{R}_0(\rho_1) > 1$ ). A transcritical bifurcation occurs at  $S_1$  as  $\rho_1$  passes  $\rho_1 = \rho_1^{c_0}$ , and the uncontrolled-infection state  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  appears for  $\rho_1 > \rho_1^{c_0}$ .

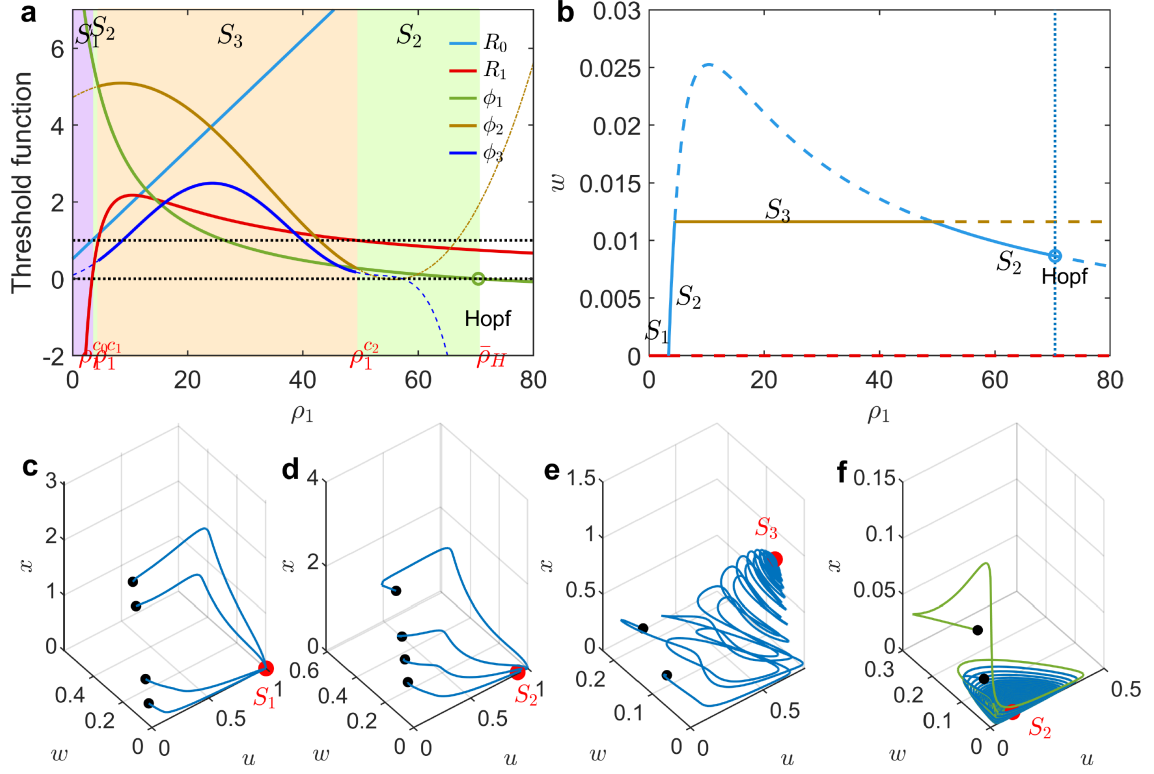


Figure 2: Bifurcation diagram and phase space portrait under high exhaustion rate  $\eta=27$ . (a) The curves of threshold functions  $\mathcal{R}_0(\rho_1), \mathcal{R}_1(\rho_1), \phi_1(\rho_1), \phi_2(\rho_1), \phi_3(\rho_1)$ . (b) The bifurcation of equilibrium level of infected cells  $w$  with respect to  $\rho_1$ . The solid curves indicate LAS equilibrium, while dashed curves denote corresponding unstable equilibria. (c)-(f) Phase space portraits. The black dots denote the initial value point, while the red dots indicate equilibria. (c)  $S_1 = (1, 0, 0, 0, 0)$  is LAS with  $\rho_1 = 1 \in (0, \rho_1^{c_0})$ . (d)  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  is LAS with  $\rho_1 = 4 \in (\rho_1^{c_0}, \rho_1^{c_1})$ . (e)  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  is LAS with  $\rho_1 = 20 \in (\rho_1^{c_1}, \rho_1^{c_2})$ . (f)  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  is LAS with  $\rho_1 = 60 \in (\rho_1^{c_2}, \bar{\rho}_H)$ .

- (ii) The immune response threshold  $\mathcal{R}_1(\rho_1)$  is a concave function, intersecting 1 at two points  $\rho_1^{c_1} = 4.4642$  and  $\rho_1^{c_2} = 49.1620$ . The stability threshold  $\phi_1(\rho_1)$  for  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  is a convex function within the range  $\rho_1 \in [0, 100]$ , with a zero point at  $\rho_1 = \bar{\rho}_H = 70.4075$ . Note that  $\bar{\rho}_H > \rho_1^{c_2}$ , so that the uncontrolled-infection state  $S_2$  is LAS, when  $\rho_1^{c_0} < \rho_1 < \rho_1^{c_1}$  (i.e.  $\mathcal{R}_0(\rho_1) > 1, \mathcal{R}_1(\rho_1) < 1, \phi_1(\rho_1) > 0$ ), while it becomes unstable for  $\rho_1^{c_1} < \rho_1 < \rho_1^{c_2}$  (i.e.  $\mathcal{R}_1(\rho_1) > 1$ ). We see that the system also experience a transcritical bifurcation at  $S_2$  as  $\rho_1$  crosses  $\rho_1 = \rho_1^{c_1}$ , and the immune-controlled state  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  appears for  $\rho_1 > \rho_1^{c_1}$  (i.e.  $\mathcal{R}_1(\rho_1) > 1$ ).
- (iii) The stability thresholds  $\phi_2(\rho_1)$  and  $\phi_3(\rho_1)$  of  $S_3$  are all positive for  $\rho_1^{c_1} < \rho_1 < \rho_1^{c_2}$  (where  $\mathcal{R}_1(\rho_1) > 1$ ), thereby  $S_3$  is LAS.
- (iv) As  $\rho_1$  passes  $\rho_1 = \rho_1^{c_2}$ , a transcritical bifurcation occurs and the stability of  $S_2$  and  $S_3$  exchanges. The uncontrolled-infection state  $S_2$  is LAS for  $\rho_1^{c_2} < \rho_1 < \bar{\rho}_H$ .

Fig. 2(b) shows the corresponding bifurcation diagram of infected cells  $w$ . The local stability of  $S_i, i = 1, 2, 3$ , are shown in 3D-phase portraits of  $(u, w, x)$  in Fig. 2(c-f), for  $\rho_1$  taken in ranges  $(0, \rho_1^{c_0}), (\rho_1^{c_0}, \rho_1^{c_1}), (\rho_1^{c_1}, \rho_1^{c_2})$  and  $(\rho_1^{c_2}, \bar{\rho}_H)$ , respectively.

At the critical value  $\rho_1 = \bar{\rho}_H = 70.4075$  (approximately), where  $\phi_1(\bar{\rho}_H) = 0$ , the Jacobian matrix  $J(S_2)$  of the linearized system at  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0) = (0.0946, 0.0086, 0.0012, 0, 0)$  possesses a pair of purely imaginary eigenvalues,  $\lambda = \pm i\omega$ , where  $\omega = 0.2836$ , so that as  $\rho_1$  crosses  $\rho_1 = \bar{\rho}_H$ , a Hopf bifurcation occurs at  $S_2$ , and periodic solutions bifurcate from  $S_2$  (see Fig. 3). For  $\rho_1 = 65 < \bar{\rho}_H$ , the equilibrium  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  remains stable, which is shown in the first column of Fig. 3, demonstrating phase portraits in  $(u, w)$  and  $(u, w, x)$  spaces, and time evolution of  $x(t)$ . As  $\rho_1$  passes  $\bar{\rho}_H$  and take  $\rho_1 = 71 > \bar{\rho}_H$ , a stable limit cycle emerges, where only the susceptible cells ( $u(t)$ ), infected cells ( $w(t)$ ) and viral populations ( $v(t)$ ) exhibit sustained oscillations, whereas the immune cells ( $CD8^+$  T cells,  $x(t)$  and  $y(t)$ ) vanish (see the second column of Fig. 3). This periodic behavior persists for larger  $\rho_1$  values, for example, for  $\rho_1 = 75 > \bar{\rho}_H$ , the system also has stable periodic solutions (see the third column of Fig. 3).

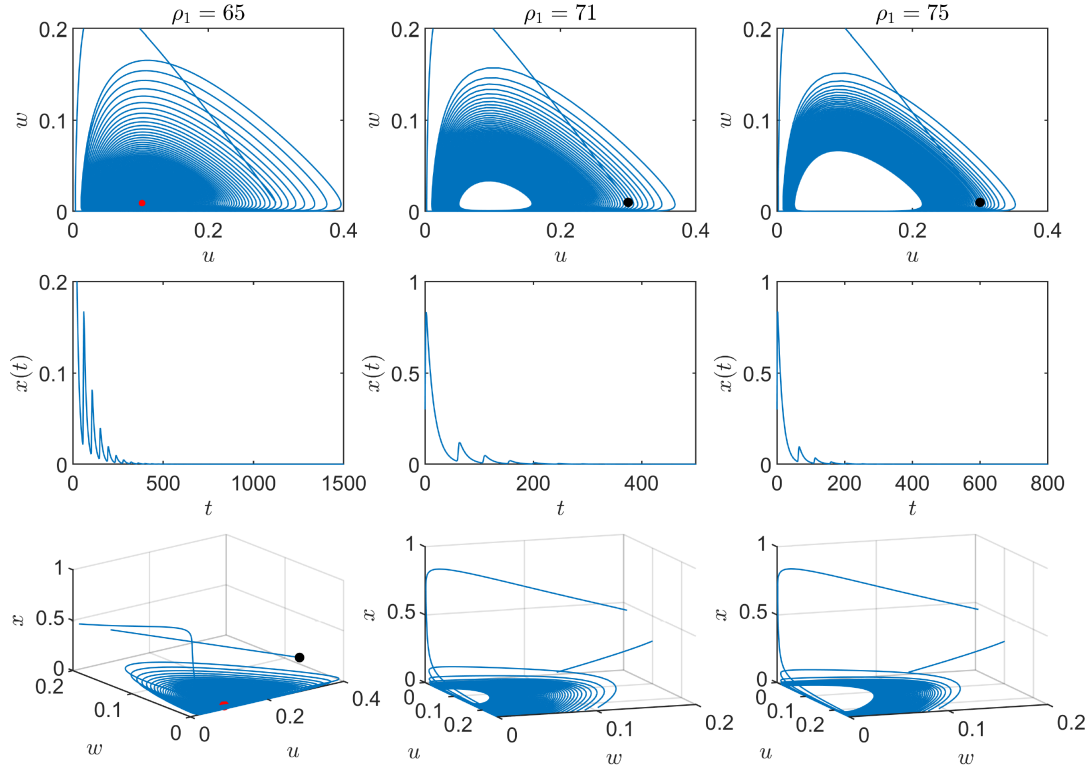


Figure 3: Hopf bifurcation at  $S_2$  as  $\rho_1$  passes  $\rho_1 = \bar{\rho}_H$  under high exhaustion rate  $\eta = 27$ . The three subplots in the first column show stability of  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  for  $\rho_1 = 65 < \bar{\rho}_H$ . The green dot in the first subplot indicates  $S_2$ . The three subplots in the second column demonstrate the limit cycle bifurcated from  $S_2$  for  $\rho_1 = 71 > \bar{\rho}_H$ . The three subplots in the third column present the existence of stable limit cycle for  $\rho_1 = 75 > \bar{\rho}_H$ . The initial value points are denoted by black dots.

We examine the system with the fitted exhaustion rate ( $\eta=23.2276$ ), where the threshold functions  $\mathcal{R}_0(\rho_1), \mathcal{R}_1(\rho_1), \phi_1(\rho_1), \phi_2(\rho_1)$  and  $\phi_3(\rho_1)$  (see Fig. 4(a)). exhibit similar profiles to the high-exhaustion case for  $\rho_1 \in [0, 80]$  but with shifted bifurcation points. While the basic production number  $\mathcal{R}_0(\rho_1)$  still crosses 1 at  $\rho_1^{c_0} = 3.3936$ , the immune response threshold  $\mathcal{R}_1(\rho_1)$  passes 1 at two points  $\rho_1^{c_1} = 3.9745$  and  $\rho_1^{c_2} = 87.7536$ . The stability thresholds  $\phi_1(\rho_1) - \phi_3(\rho_1)$  have zeros at  $\rho_1^{c_3} = 70.4075, \rho_1^{c_4} = 84.0218$ , and  $\rho_1 = \bar{\rho}_H = 78.2991$ , respectively. Noticing that  $\rho_1^{c_0} < \rho_1^{c_1} < \rho_1^{c_3} < \bar{\rho}_H < \rho_1^{c_4} < \rho_1^{c_2}$ , we have the bifurcation as shown in Fig. 4(b). The infection-free equilibrium  $S_1 = (1, 0, 0, 0, 0)$  is LAS for  $\rho_1 < \rho_1^{c_0}$  (i.e.  $\mathcal{R}_0(\rho_1) < 1$ ), and transcritical bifurcation occurs at  $S_1$  as  $\rho_1$  passes  $\rho_1 = \rho_1^{c_0}$ , and the uncontrolled-infection state  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  appears, which is LAS for  $\rho_1^{c_0} < \rho_1 < \rho_1^{c_1}$  (i.e.  $\mathcal{R}_0(\rho_1) > 1, \mathcal{R}_1(\rho_1) < 1$  and  $\phi_1(\rho_1) > 0$ ). When  $\rho_1$  crosses  $\rho_1 = \rho_1^{c_1}$ , the system also experiences a transcritical bifurcation at  $S_2$ , and the immune-controlled state  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  appears, which is LAS for  $\rho_1^{c_1} < \rho_1 < \bar{\rho}_H$ . The local stability of  $S_i, i = 1, 2, 3$ , are visualized

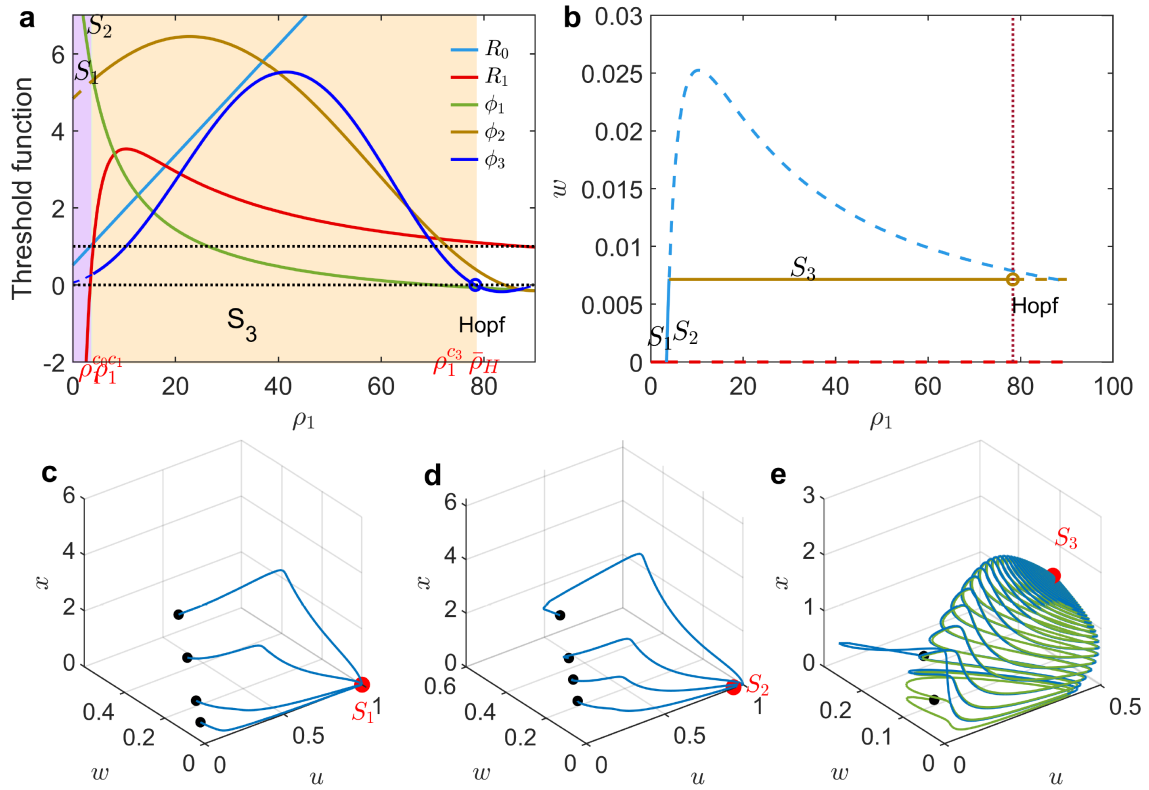


Figure 4: Bifurcation diagram and phase space portrait under exhaustion rate  $\eta = 23.2276$ . (a) The curves of threshold functions  $\mathcal{R}_0(\rho_1), \mathcal{R}_1(\rho_1), \phi_1(\rho_1), \phi_2(\rho_1), \phi_3(\rho_1)$ . (b) The bifurcation of equilibrium level of infected cells  $w$  with respect to  $\rho_1$ . The solid curves indicate stable equilibrium, while dashed curves denote corresponding unstable equilibria. (c)-(f) Phase space portraits. The black dots denote the initial value point, while the red dots indicate the equilibria. (c)  $S_1 = (1, 0, 0, 0, 0)$  is LAS with  $\rho_1 = 1 \in (0, \rho_1^{c_0})$ . (d)  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  is LAS with  $\rho_1 = 3.8 \in (\rho_1^{c_0}, \rho_1^{c_1})$ . (e)  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  is LAS with  $\rho_1 = 60 \in (\rho_1^{c_1}, \bar{\rho}_H)$ .

in 3D phase portraits of  $(u, w, x)$  in Figs. 4(c-e), for  $\rho_1$  taken in ranges  $(0, \rho_1^{c_0})$ ,  $(\rho_1^{c_0}, \rho_1^{c_1})$  and  $(\rho_1^{c_1}, \bar{\rho}_H)$ , respectively.

At the critical value  $\rho_1 = \bar{\rho}_H = 78.2991$ ,  $\phi_3(\bar{\rho}_H) = 0$ , the Jacobian matrix  $J(S_3)$  of the linearized system at  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y}) = (0.1722, 0.0071, 0.0010, 1.0046, 1.1911)$  exhibits a pair of pure imaginary eigenvalues,  $\lambda = \pm i\omega$ , where  $\omega = 0.433091$ , indicating a Hopf bifurcation as  $\rho_1$  crosses  $\rho_1 = \bar{\rho}_H$ . This bifurcation gives rise to periodic solutions, which are illustrated in Fig. 5. For  $\rho_1 = 70, 75 < \bar{\rho}_H$ , the equilibrium  $S_2 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  remains stable (see first and second columns of Fig. 5). As  $\rho_1$  passes  $\bar{\rho}_H$  and take  $\rho_1 = 80 > \bar{\rho}_H$ , the system has stable limit cycle (see third column of Fig. 5). Notice that in this situation, all the populations  $(u(t), w(t), v(t), x(t), y(t))$  persist with sustained oscillations.

Quantitative comparison reveals that CD8<sup>+</sup> T cell exhaustion also alters system attractors: Under low-exhaustion rate,  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  is stable across a wide parameter range  $\rho_1 \in (\rho_1^{c_1}, \bar{\rho}_H) = (3.9745, 70.4075)$ , whereas for high-exhaustion rate,  $S_3$  is sta-

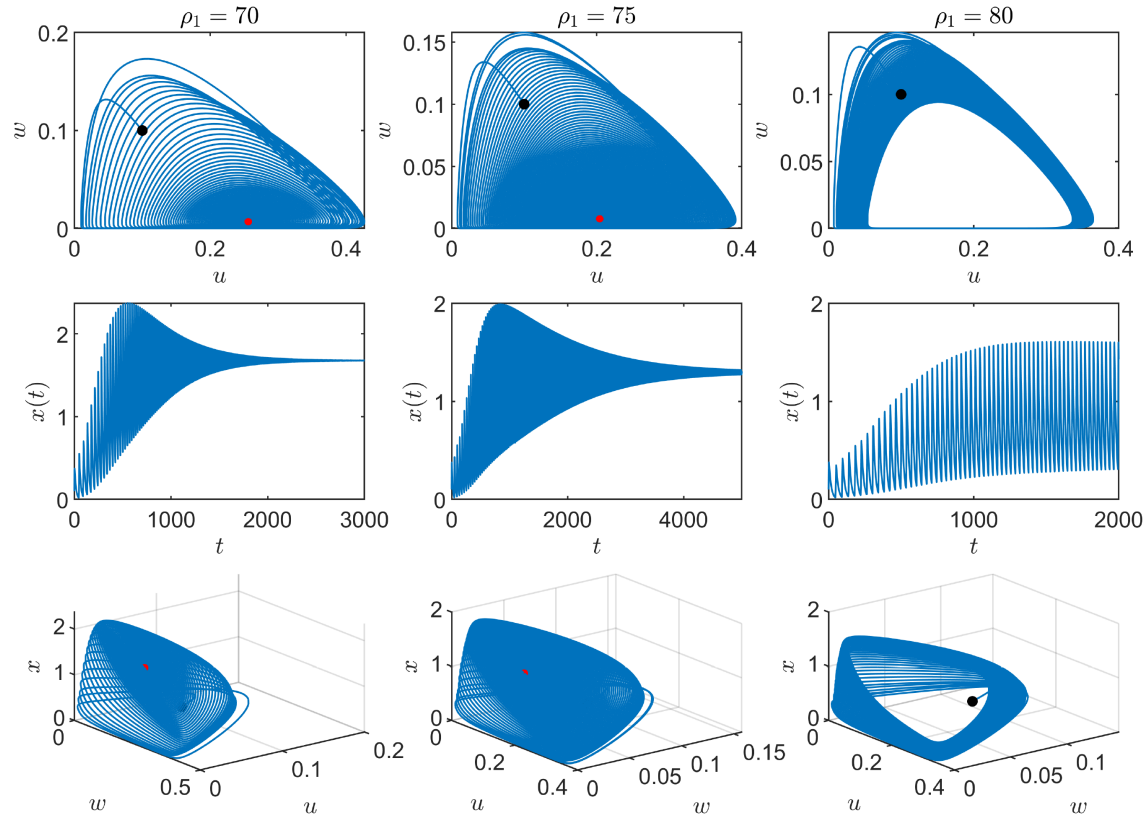


Figure 5: Hopf bifurcation at  $S_3$  as  $\rho_1$  passes  $\rho_1 = \bar{\rho}_H$  under exhaustion rate  $\eta = 23.2276$ . The three subplots in the first column show stability of  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$  for  $\rho_1 = 70$ , with phase portrait in  $(u, w)$ -plane, time evolution of  $x(t)$ , and phase portrait in  $(u, w, x)$ -space, respectively. The green dot indicates  $S_3$ . The three subplots in the third column demonstrate the limit cycle bifurcated from  $S_3$  for  $\rho_1 = 80$ . The initial value points are denoted by black dots.



ble only in a much narrower infection rate range  $(\rho_1^{c_1}, \rho_1^{c_2}) = (4.4642, 49.1620)$  with  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$  dominating other regimes  $(\rho_1 \in (\rho_1^{c_0}, \rho_1^{c_1}) = (3.3936, 4.4642)$  and  $\rho_1 \in (\rho_1^{c_2}, \bar{\rho}_H) = (49.1620, 70.4075))$ . This exhaustion-dependent bifurcation structure fundamentally modulates infection outcomes, as we explore below.

### 3.3 The effects of CD8<sup>+</sup> T cell exhaustion

To examine how CD8<sup>+</sup> T cell exhaustion influences viral infection dynamics, we selected  $\eta$  and  $\rho_1$  as bifurcation parameters while keeping other parameters fixed (as in previous analyses). Fig. 6 presents the bifurcation diagram across  $(\rho_1, \eta) \in [0, 100] \times [0, 32]$ , revealing four distinct dynamical regimes:

- (1) In region I ( $\rho_1 < 3.3936$ ), the infection-free equilibrium  $S_1 = (1, 0, 0, 0, 0)$  is LAS, indicating viral clearance when infection rates are sufficiently low.
- (2) Region II shows LAS for the uncontrolled-infection state  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$ , demonstrating how high exhaustion rates ( $\eta$ ) prevent immune control of infection.
- (3) Region III exhibits LAS for the immune-controlled state  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$ , occurring when either exhaustion or infection rates remain low.
- (4) Regions IV<sub>1</sub>, IV<sub>2</sub> and IV<sub>3</sub> display more complex dynamics: in IV<sub>1</sub>, only unstable  $S_2$  exists with periodic solutions bifurcated from  $S_1$ , while IV<sub>2</sub> and IV<sub>3</sub> contain both unstable  $S_2$  and  $S_3$  equilibria with periodic solutions bifurcating from  $S_3$ .

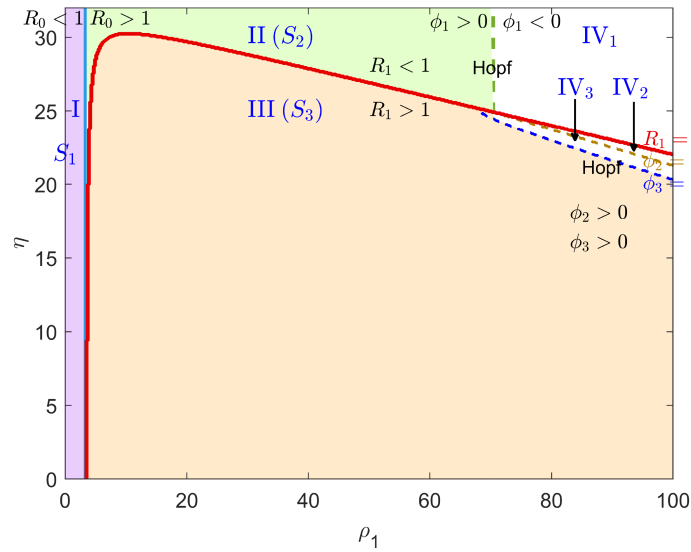


Figure 6: Bifurcation diagram with respect to  $\rho_1$  and  $\eta$ . The parameter region  $[0, 100] \times [0, 32]$  is separated into six regions (I, II, III, IV<sub>1</sub>, IV<sub>2</sub>, IV<sub>3</sub>) by the threshold curves  $\mathcal{R}_0(\rho_1, \eta) = 1$ ,  $\mathcal{R}_1(\rho_1, \eta) = 1$ , and  $\phi_i(\rho_1, \eta) = 0, i = 1, 2, 3$ . In region I,  $\mathcal{R}_0 < 1$ , where  $S_1$  is LAS. In region II,  $\mathcal{R}_0 > 1, \mathcal{R}_1 < 1$  and  $\phi_1 > 0$ , so that  $S_2$  is LAS. In region III,  $\mathcal{R}_0 > 1, \mathcal{R}_1 > 1, \phi_2 > 0$  and  $\phi_3 > 0$ , where  $S_3$  is LAS. In regions IV<sub>1</sub> ( $\mathcal{R}_0 > 1, \mathcal{R}_1 < 1, \phi_1 < 0$ ), IV<sub>2</sub> ( $\mathcal{R}_0 > 1, \mathcal{R}_1 > 1, \phi_i < 0, i = 1, 2, 3$ ) and IV<sub>3</sub> ( $\mathcal{R}_0 > 1, \mathcal{R}_1 > 1, \phi_i < 0, i = 1, 3, \phi_2 > 0$ ), periodic solutions bifurcate from  $S_2$  or  $S_3$ .

Fig. 7 illustrates the equilibrium distributions of infected cells ( $w$ ), CD8<sup>+</sup> T cells ( $x$ ), and exhausted CD8<sup>+</sup> T cells ( $y$ ) across the  $(\rho_1, \eta)$  parameter space. Three distinct dynamical regimes emerge:

- (1) In regions II and IV where T cell exhaustion rates are high, infected cell populations reach elevated equilibrium levels (with oscillatory dynamics in region IV; Figs. 7(a,d)), while both functional ( $x$ ) and exhausted ( $y$ ) CD8<sup>+</sup> T cell populations are depleted (Figs. 7(b-c)).
- (2) When exhaustion rates are sufficiently low, CD8<sup>+</sup> T cells persist (see Fig. 7(e)), enabling effective viral control with minimal infected cell populations.
- (3) At intermediate exhaustion rates coupled with low infection rates, the system exhibits high levels of exhausted CD8<sup>+</sup> T cells (see Fig. 7(f)) accompanied by progressive expansion of infected cells.

The bifurcation diagram (Fig. 6) and equilibrium distributions (Fig. 7) reveal periodic solutions in regions IV<sub>1</sub>-IV<sub>3</sub> of the  $(\rho_1, \eta) \in$  parameter space. To characterize these oscillations, we examine a representative case at  $\rho_1=80$  (see Fig. 8), where the system undergoes sequential transitions as  $\eta$  increases:

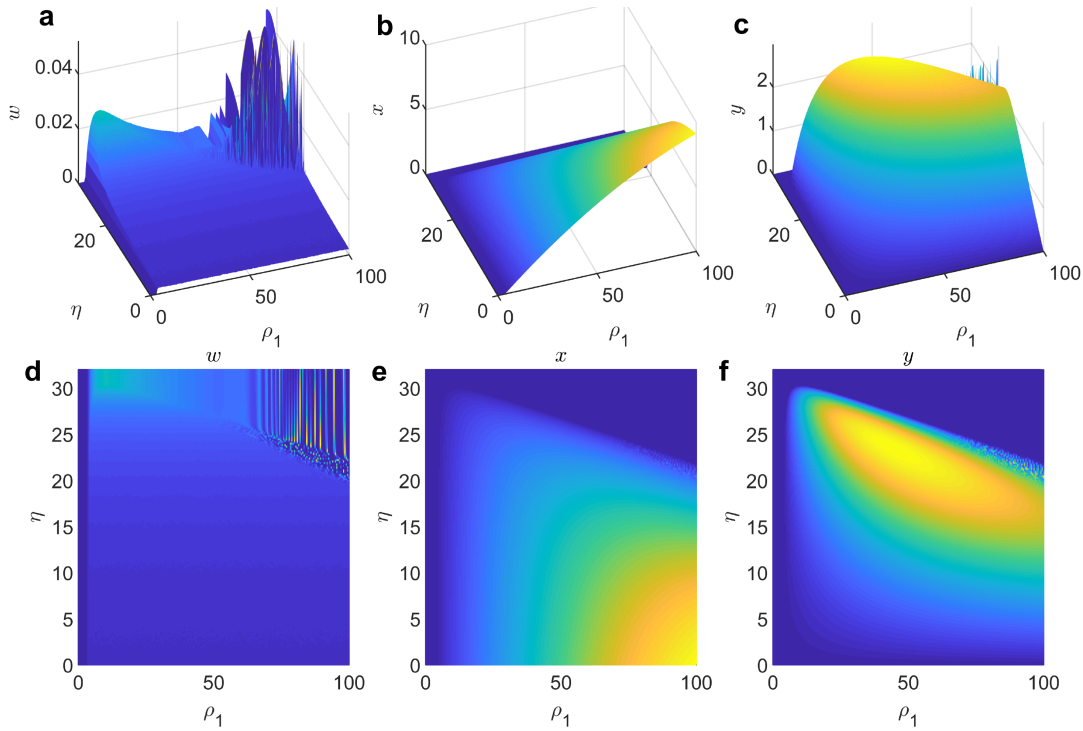


Figure 7: Equilibrium distribution of  $w, x$  and  $y$  vs.  $(\rho_1, \eta)$ . (a)-(c) Equilibrium distribution of infected cells ( $w$ ), CD8<sup>+</sup> T cells ( $x$ ) and exhausted CD8<sup>+</sup> T cells ( $y$ ), respectively. (d)-(f) The contour of (a)-(c), respectively.

- (i) Below  $\eta^{c_1} = 22.9840$  (where  $\phi_3(\eta) = 0$ ), the immune-controlled state  $S_3$  remains LAS (see Fig. 8 with  $\eta = 20$ ).
- (ii) For  $\eta \in (\eta^{c_1}, \eta^{c_3}) = (22.9840, 23.9894)$ , periodic solutions emerge via Hopf bifurcation, with oscillation amplitudes of  $u(t)$ ,  $w(t)$  and  $v(t)$  growing gradually while  $CD8^+$  T cell populations ( $x(t)$  and  $y(x)$ ) diminish rapidly following the increase of  $\eta$  (see Fig. 8 with  $\eta = 25$  and  $\eta = 26$ ).
- (iii) Beyond  $\eta^{c_3} = 23.9894$ , the immune cell oscillations vanish completely, leaving only infected cell dynamics (see Fig. 8 with  $\eta = 26$ ). These phase-dependent amplitude modulations demonstrate how T cell exhaustion progressively decouples immune responses from viral replication.

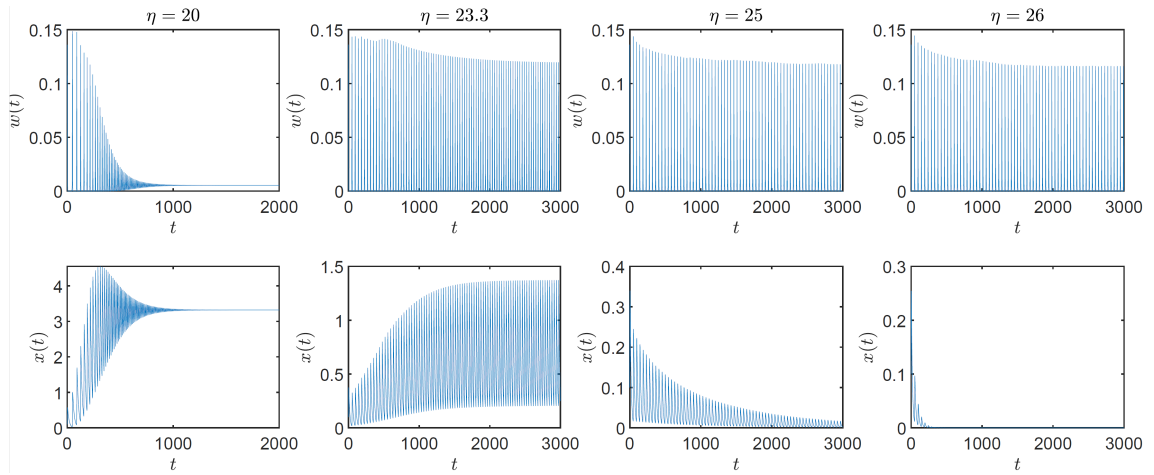


Figure 8: Time evolution of  $w(t)$  and  $x(t)$ . Time evolution of infected cells ( $w(t)$ ) and  $CD8^+$  T cells ( $x(t)$ ) under different exhaustion rates  $\eta = 20, 23.3, 25, 26$ . Here,  $\rho_1 = 80$ .

## 4 Conclusion and discussion

$CD8^+$  T cells play a pivotal role in adaptive immunity by mediating cytotoxic clearance of virus-infected cells. To maintain effective antiviral functions, these cells must preserve specific functional profiles through controlled differentiation from naive to effector and ultimately memory states, a process accompanied by dynamic metabolic reprogramming to meet stage-specific energy demands [12, 14]. However, during chronic viral infections, persistent antigen exposure drives  $CD8^+$  T cells into an exhausted state characterized by progressive functional impairment [11, 26]: hierarchical loss of cytokine production, diminished cytotoxic capacity, and eventual failure to control viral replication. As exhaustion propagates through the T cell population, pathogen clearance becomes increasingly compromised.

In this paper, we explored the effects of  $CD8^+$  T cells exhaustion on the viral dynamics, by mathematical modeling. We consider within-host viral infection with two transmission modes, virus-to-cell and cell-to-cell transmissions, and logistic target cell growth. Additionally, we accounted for the  $CD8^+$  T cells (including stem-like progenitor/precursor and effector-like transitory  $T_{ex}$ ) and terminally exhausted  $CD8^+$  T cells. We established the nonnegativity and boundedness of the solutions, and identified the existence of three non-trivial equilibria: infection-free  $S_1 = (1, 0, 0, 0, 0)$ , uncontrolled-infection  $S_2 = (\bar{u}, \bar{w}, \bar{v}, 0, 0)$ , and immune-established  $S_3 = (\hat{u}, \hat{w}, \hat{v}, \hat{x}, \hat{y})$ . The local asymptotic stability of these equilibria are partly governed by the basic reproductive number  $\mathcal{R}_0$  and the immune response related threshold  $\mathcal{R}_1$ :

- (i)  $S_1$  is LAS for  $\mathcal{R}_0 < 1$ .
- (ii)  $S_2$  is LAS for  $\mathcal{R}_0 > 1$  and  $\mathcal{R}_1 > 1$  with an additional condition  $\phi_1(p) > 0$ .
- (iii)  $S_3$  is LAS for  $\mathcal{R}_0 > 1$  and  $\mathcal{R}_1 > 1$  with additional conditions  $\phi_2(p) > 0$  and  $\phi_3(p) > 0$ .

The global stability of  $S_1$  and  $S_2$  are also presented. The system experiences transcritical bifurcations at  $S_1$  and  $S_2$  as a bifurcation parameter passes the critical values satisfying  $\mathcal{R}_0(p) = 1$  and  $\mathcal{R}_1(p) = 1$ , and lose its stability to  $S_2$  and  $S_3$ , respectively. The system also exhibits Hopf bifurcations at  $S_2$  and  $S_3$  as a bifurcation parameter crosses the critical values with  $\phi_1(p) = 0$  and  $\phi_3(p) = 0$ , and periodic solutions bifurcate from  $S_2$  and  $S_3$ , respectively. Setting  $\rho_1$  as a bifurcation parameter, the numerical simulation shows the full spectrum of bifurcation dynamics of the system under low exhaustion rate and high exhaustion rate, respectively (see Figs. 2-5).

Numerical bifurcation analysis with respect to infection rate ( $\rho_1$ ) and exhaustion rate ( $\eta$ ) revealed four dynamical regimes governing viral persistence:

- (i) “High exhaustion rate” leads to failed immune containment, with either stable high viral loads (homogeneous) or sustained oscillations.
- (ii) “Intermediate exhaustion rate + low infection rate” generates exhaustion-dominated  $CD8^+$  T populations and progressive infection spread.
- (iii) “Intermediate exhaustion rate + high infection rate” causes immune collapse and oscillatory infection persistence.
- (iv) “Low exhaustion rate” enables durable  $CD8^+$  T cell-mediated control, suppressing infection to very low levels (see Figs. 6-7).

To explore the role of T cell exhaustion in chronic viral infections, we developed a simplified mathematical model that intentionally focuses on core dynamics. While this approach provides analytical tractability, several limitations should be noted:

- (i) We aggregated diverse  $CD8^+$  T cell states (e.g. stem-like, effector-like subsets) into a single exhausted population, neglecting subtype-specific dynamics [26].
- (ii) The model also ignores tissue compartmentalization and spatial immune-viral interactions that may influence exhaustion kinetics.

- (iii) The parameters governing exhaustion kinetics lack direct experimental validation due to scarce longitudinal data on PD-1<sup>+</sup> CD8<sup>+</sup> T cell dynamics in HIV progression, making our results primarily theoretical.
- (iv) While the model generates high-frequency periodic solutions, these fail to fully capture clinical phenomena like viral blips, suggesting unresolved biological complexity in feedback regulation.

Future work with experimental datasets will enable parameter estimation and model validation. Nevertheless, our current mathematical analysis and numerical simulations offer novel insights into how exhaustion shapes within-host viral dynamics, particularly in establishing conditions for viral persistence versus immune control.

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