

Quantitative Uniqueness for Mean Curvature Flow

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To our friend Gang Tian.

Abstract. We show that by applying a set of existing analytical arguments, a more robust effective uniqueness result for blowups can be obtained, with multiple implications following therefrom.

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1 Introduction

There is a natural scaling for a mean curvature flow (MCF) $M_s \subset \mathbf{R}^{n+1}$, where space and time dilate parabolically. A general limit flow at a space-time point (\bar{x}, \bar{s}) is a limit of a sequence of rescalings $\frac{1}{\mu_i} (M_{s_i + \mu_i^2 s} - x_i)$ centered at a sequence of points $(x_i, s_i) \rightarrow (\bar{x}, \bar{s})$ with $\mu_i \rightarrow 0$. Typically, the time-slices of the limit are non-compact and the convergence is on compact sets. When the dilations are all centered at the same point, then the limit flow is called a tangent flow.

A tangent flow at the origin in space-time is the limit of a sequence of rescaled flows $\frac{1}{\delta_i} M_{\delta_i^2 t}$ where $\delta_i \rightarrow 0$. By a monotonicity formula of Huisken [17], and an argument of Ilmanen and White [18, 23], tangent flows are shrinkers, i.e., self-similar solutions of MCF that evolve by rescaling. A priori, different sequences δ_i could give different tangent flows and the question of the uniqueness of the blowup is whether it is independent of the sequence. Uniqueness has strong implications for regularity [9, 12, 13], cf. [24, 25].

A singular point is *cylindrical* if some tangent flow is a multiplicity one cylinder $\mathbf{S}^k \times \mathbf{R}^{n-k}$; [7] proved that cylindrical blowups are unique. The main tool was a Lojasiewicz-type inequality that led to a rate of decay for the gaussian area and a rate of convergence

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to the limit. This was inspired by the way that Lojasiewicz proved uniqueness for finite dimensional analytic gradient flows [19]. The formal similarities to [19] helped frame the problem. However, those methods did not apply for a number of reasons, including the non-compactness of the time-slices. Instead new ideas and techniques were required.

The next theorem will illustrate why effective uniqueness is useful. Suppose that for $s \in [-1, 1]$, $\lambda(M_s) \leq \lambda_0$ (where λ is defined in (1.2)) and M_s satisfies:

- (A) The origin $(0,0)$ is a cylindrical singularity with blow up $\mathcal{C} = \mathbf{S}^k_{\sqrt{2k}} \times \mathbf{R}^{n-k}$.
- (B) There are sequences $x_i \rightarrow 0$, $s_i \rightarrow 0$ and $\mu_i \rightarrow 0$ so that

$$\frac{1}{\mu_i} \left(M_{s_i - \mu_i^2} - x_i \right)$$

converges smoothly with multiplicity one to $\mathcal{O}(\mathcal{C})$, where \mathcal{O} is a rotation in \mathbf{R}^{n+1} .

We will see that $\mathcal{O}(\mathcal{C}) = \mathcal{C}$, i.e., the two cylinders are the same:

Theorem 1.1. *If (A) and (B) hold, then $\mathcal{O}(\mathcal{C}) = \mathcal{C}$.*

If the sequence in (B) was centered at the origin in space-time (i.e., if $x_i = 0$ and $s_i = 0$), then this is uniqueness of cylindrical blow ups from [7]. The more general case, where the centers of the rescalings converge to the origin, will follow from an effective uniqueness theorem; see Theorem 1.2 below.

It is cleanest to state the effective uniqueness for solutions of the rescaled MCF. The rescaled MCF is the gradient flow for the F -functional or Gaussian surface area

$$F(\Sigma) = (4\pi)^{-n/2} \int_{\Sigma} e^{-\frac{|x|^2}{4}} d\mu. \tag{1.1}$$

The entropy [6], is the supremum of the Gaussian surface areas over all centers and scales

$$\lambda(\Sigma) = \sup_{c > 0, x_0 \in \mathbf{R}^{n+1}} F(x_0 + c\Sigma). \tag{1.2}$$

Definition 1.1. *We will say that $\text{dist}_R(\Sigma, \Gamma) < \epsilon$ if $B_R \cap \Sigma$ can be written as a $C^{2,\alpha}$ graph over (a subset of) Γ of a function with $C^{2,\alpha}$ norm less than ϵ .*

The next theorem shows that if a rescaled MCF starts off close to a cylinder and F does not decrease much, then the flow does not change much. The key point is that this is independent of the time flowed. In the theorem, Σ_t is an n -dimensional rescaled MCF with entropy $\lambda(\Sigma_t) \leq \lambda_0$ and all constants are allowed to depend on n and λ_0 .

Theorem 1.2. *There exist $c, \alpha, \epsilon_1, \epsilon_2 > 0$ and $R_1, R_2 > 2n$ so that if Σ_t is defined on $[t_1, t_2]$,*

- 1. $\text{dist}_{R_1}(\Sigma_t, \mathcal{C}) < \epsilon_1$ for $t \in [t_1, t_1 + 2]$, and